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Abstract-We investigate capacity bounds for a wireless multicast relay network where two sources simultaneously multicast to two destinations with the help of a full-duplex relay node. The two sources and the relay use the same channel resources (i.e. co-channel transmission). We assume Gaussian channels with time-invariant channel gains which are known by all nodes. The two source nodes are connected by orthogonal limited-rate errorfree conferencing links. By extending the proof of the converse for the Gaussian relay channel and introducing two lemmas on conditional (co-)variance, we present two genie-aided outer bounds of the capacity region for this multicast relay network. We extend noisy network coding to use source cooperation with the help of the theory of network equivalence. We also propose a new coding scheme, partial-decode-and-forward based linear network coding, which is essentially a hybrid scheme utilizing rate-splitting and messages conferencing at the source nodes, partial decoding and linear network coding at the relay, and joint decoding at each destination. A low-complexity alternative scheme, analog network coding based on amplify-and-forward relaying, is also investigated and shown to benefit greatly from the help of the conferencing links and can even outperform noisy network coding when the coherent combining gain is dominant.

Index Terms—Relays, source cooperation, network coding, wireless multicast, cooperative communication.

I. INTRODUCTION

Smart phones and tablet computers have greatly boosted the demand for services via wireless access points, keeping constant pressure on the network providers to deliver vast amounts of data over the wireless infrastructure. It becomes common that service providers may have to distribute the same content to a group of users in a small area, which makes wireless multicast an attractive option for such service delivery. As shown in Fig. 1, we consider a relay-aided twosource two-destination wireless multiple multicast network where source nodes S_1 and S_2 multicast their individual message W_1 at rate R_1 and W_2 at rate R_2 , respectively, to both destinations \mathcal{D}_1 and \mathcal{D}_2 , with the help of a relay \mathcal{R} . The nodes S_1 , S_2 , and \mathcal{R} use the same channel resource

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Fig. 1. Two source nodes S_1 and S_2 , connected with backhaul (rate C_{12} and C_{12}), multicast information W_1 at rate R_1 and W_2 at rate R_2 respectively to both destinations D_1 and D_2 through Gaussian channels, with aid from a full-duplex relay \mathcal{R} .

(i.e. co-channel transmission) and transmitted signals mix at all the receiving terminals and are subjected to Gaussian noise. In addition, the S_1 and S_2 are connected by orthogonal limited-rate error-free conferencing links (corresponding to the presence of a backhaul) with capacities C_{12} and C_{21} , respectively. The model in Fig. 1 is generic since it covers a class of different building blocks of general wireless networks, by tuning the channel gains g_{ij} and C_{12}, C_{21} within the range $[0, \infty)$. It can be applied, for example, to cellular downlink scenarios where two base stations, connected through the (fiber or microwave) backhaul, multicast multimedia content to two mobile terminals, one in each cell, with the help of a dedicated relay deployed at the common cell boundary.

Significant research effort has been devoted to tackle different parts of this problem. Willems [1] introduced sourceconferencing for the discrete memoryless multiple access channel (DM-MAC) and characterized the capacity region. Bross et. al [2] extended the coding scheme to the Gaussian setting and proposed a new converse. Coding schemes and capacity regions for the compound MAC with conferencing encoders have been studied in [3], [4]. Interference channels with unidirectional conferencing encoders are investigated in [4], [5]. Capacity bounds within a constant gap for interference channels with limited source cooperation have been characterized in [6] for out-of-band source-conferencing and in [7] for in-band cooperation channels. Diversity gains by source cooperation in fading channels with full/partial channel state information (CSI) have been studied in [8]-[12]. The trade-off between sharing message and local CSI among source nodes through finite-rate backhaul has been studied in [13]-[15]. On the other hand, capacity results are interesting yet challenging for relay networks. Capacity bounds and various cooperative strategies have been proposed for three-node relaying networks (source-relay-sink, or two co-

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operative sources and one sink) [16], [17], for multiple-access relay channels (MARC) [18], [19] involving multiple sources and a single destination, and for broadcast relay channels (BRC) [19], [20] where a single source transmits messages to multiple destinations. Recent results on capacity bounds for multiple-source multiple-destination relay networks, [21]-[25] and references therein, have provided valuable insight into the benefits of cooperative relaying and demonstrated various tools to bound the capacity region. As different messages mix up at the relay node by nature, various network coding (NC) [26]-[28] approaches, which essentially combine multiple messages together, can be introduced to boost the sum rate. For instance, analog NC (ANC) with amplify-and-forward (AF) relay has been studied in [29] and proven to be asymptotically optimal [30] in multihop relay networks, linear NC and lattice codes with decode-and-forward relay are investigated in [24]. The recently proposed noisy NC scheme [31] enables multiple multicasts over noisy networks without explicit decoding at intermediate nodes.

In our previous work [32], [33], we combined source cooperation and network coding in multicast relay networks. For the scenario when the source nodes can fully cooperate, i.e., the conferencing rate is high $(C_{12} \ge R_1, C_{21} \ge R_2)$, we presented the exact cut-set bound and proposed several cooperative NC strategies. The goal of the present paper is to gain deeper understanding of such systems in a more realistic setting and demonstrate the benefit of combining source cooperation with relaying. In this work, we therefore focus on the limited conferencing $(0 \le C_{12} < R_1, 0 \le C_{21} < R_2)$ scenario and the results to be presented here are hence more general since they recover our previous results by simply increasing the conferencing rate. More precisely, we have developed a new way to upper bound the performance by introducing a genie and two lemmas on conditional (co-)variance, which help us to find two outer bounds following a similar procedure as in [32], [33]. We also investigate three achievable rate strategies where the relay may decode, compress, or simply amplify the received signals, respectively. Based on network equivalence [34], we extend the noisy NC scheme to use the conferencing links. We explain the key steps in computation of its rate regions and point out its limitations on maximizing the sum-rate. Motivated by the result that sending common messages from both source nodes can achieve capacity under the conditions specified in [32], we propose a partial-decode-andforward based linear network coding (pDF+LNC) scheme: S_1 and S_2 perform message-splitting and then exchange messages via conferencing links prior to each transmission; \mathcal{R} decodes part of the received messages and forward a combination of them via linear network coding; \mathcal{D}_1 and \mathcal{D}_2 perform joint decoding. ANC based on AF relaying is also investigated as a low-complexity alternative and shown to be very effective when source cooperation is possible.

The remaining part of this paper is organized as follows. Sec. II introduces the system model and Sec. III presents two outer bounds. The extension of the noisy NC scheme is described in Sec. IV. Sec. V characterizes the achievable rate regions for pDF+LNC as well as ANC. Sec. VI presents the numerical illustrations and concluding remarks are in Sec. VII. List of Notation

- X (and Y, Z, U, V): real valued random variable (with x as a realization)
- $X^{(n)}$: a vector of X of length n (indicate a codeword or a sequence of symbols/signals)
- p(x): probability density/mass function of X
- h(X): differential entropy of X
- I(X;Y): mutual information between X and Y
- $\alpha, \rho \in [0, 1]$: auxiliary random variables reserved as power allocation parameters
- $\mathcal{N}(\mu, \sigma^2)$: Gaussian distribution with mean μ and variance σ^2
- $C(x) = \frac{1}{2} \log(1+x)$: Gaussian capacity function.

II. SYSTEM MODEL

We assume all the individual channel gains $g_{ij} \ge 0$, i, j=1, 2, r are time-invariant and known to every node in the network. The scenario of only local/partial CSI, requiring a trade-off between message and CSI exchange as demonstrated in [13]–[15], is left to future work. Given an average transmit power constraint P, fixed channel gain g, and noise power N, the signal-to-noise ratio (SNR) of an individual link can be written as $\gamma=g^2P/N$. We can therefore characterize the transmission links by only their individual SNR γ , without distinguishing the SNR contribution. The system shown in Fig. 1 can be modelled as follows

$$Y_1^{(n)} = \sqrt{\gamma_{11}} X_1^{(n)} + \sqrt{\gamma_{21}} X_2^{(n)} + \sqrt{\gamma_{r1}} X_r^{(n)} + Z_1^{(n)},$$

$$Y_2^{(n)} = \sqrt{\gamma_{12}} X_1^{(n)} + \sqrt{\gamma_{22}} X_2^{(n)} + \sqrt{\gamma_{r2}} X_r^{(n)} + Z_2^{(n)}, \quad (1)$$

$$Y_r^{(n)} = \sqrt{\gamma_{1r}} X_1^{(n)} + \sqrt{\gamma_{2r}} X_2^{(n)} + Z_r^{(n)},$$

where $\gamma_{ij} \ge 0, i, j=1, 2, r$ are the effective link SNR, $X_i^{(n)}$, $Y_i^{(n)}$, $Z_i^{(n)}$, i=1,2,r are *n*-dimensional transmitted signals, received signals, and additive noise, respectively. Noise components $Z_{i,k}$, i=1,2,r and k=1,...,n are i.i.d. Gaussian with zero-mean unit-variance. All the transmitted signals are subject to average unit-power constraints, i.e.,

$$\frac{1}{n}\sum_{k=1}^{n}X_{i,k}^{2} \le 1.$$
(2)

III. GENIE-AIDED OUTER BOUNDS

A. The Cut-Set Bound

By the cut-set bound [35], the maximum achievable rate from the source nodes to any of the destinations can be no larger than the minimum of the mutual information flows across all possible cuts, maximized over a joint distribution for the transmitted signals.

Proposition 1: The cut-set bound for the multicast network in Fig. 1 can be characterized by

$$C_{\text{cut-set}} = \bigcup_{p(x_1, x_2, x_r)} \left\{ (R_1, R_2) : R_1 \ge 0, R_2 \ge 0, \quad (3) \\ R_1 \le C_{12} + \frac{1}{n} \min_{d \in \{1,2\}} \{ I(X_1^{(n)} X_r^{(n)}; Y_d^{(n)} | X_2^{(n)} X_s^{(n)}), \\ I(X_1^{(n)}; Y_d^{(n)} Y_r^{(n)} | X_2^{(n)} X_r^{(n)} X_s^{(n)}) \} + \epsilon_n, \\ R_2 \le C_{21} + \frac{1}{n} \min_{d \in \{1,2\}} \{ I(X_2^{(n)} X_r^{(n)}; Y_d^{(n)} | X_1^{(n)} X_s^{(n)}), \\ I(X_2^{(n)}; Y_d^{(n)} Y_r^{(n)} | X_1^{(n)} X_r^{(n)} X_s^{(n)}) \} + \epsilon_n, \end{cases}$$

$$R_{1}+R_{2} \leq \frac{1}{n} \min_{d \in \{1,2\}} \{ I(X_{1}^{(n)}X_{2}^{(n)}X_{r}^{(n)};Y_{d}^{(n)}), \\ I(X_{1}^{(n)}X_{2}^{(n)};Y_{d}^{(n)}Y_{r}^{(n)}|X_{r}^{(n)})\} + \epsilon_{n}, \\ R_{1}+R_{2} \leq C_{12}+C_{21}+\frac{1}{n} \min_{d \in \{1,2\}} \{ I(X_{1}^{(n)}X_{2}^{(n)}X_{r}^{(n)};Y_{d}^{(n)}|X_{s}^{(n)}), \\ I(X_{1}^{(n)}X_{2}^{(n)};Y_{d}^{(n)}Y_{r}^{(n)}|X_{r}^{(n)}X_{s}^{(n)})\} + \epsilon_{n} \},$$

where $X_s^{(n)}$ represent symbols transmitted via the conferencing links, X_1 , X_2 and X_r are subject to the average power constraint (2), $\epsilon_n \rightarrow 0$ as $n \rightarrow \infty$, and the joint probability is partitioned as $p(x_s, x_r)p(x_1|x_s, x_r)p(x_2|x_s, x_r)p(y_r|x_1, x_2)$ $\times p(y_1|x_1, x_2, x_r)p(y_2|x_1, x_2, x_r).$

Proof: Follows directly from [35] by evaluating all the possible cuts and from [1] by taking into account the power constraint and the correlation between X_1 , X_2 and X_r .

B. Genie-Aided Outer Bound

By extending the proof of the converse developed by Cover and El Gamal [16] for the Gaussian relay channel, we have characterized the exact cut-set bound for a multicast relay network supported by a high-rate backhaul (i.e., $C_{12} \ge R_1$ and $C_{21} \ge R_2$) with/without cross-links [32], [33]. However, it is difficult to directly apply that result here since the transmitted signal at the relay is only partially known to both source nodes owing to the limited-rate conferencing links. Instead, we introduce a genie which tells the two source nodes exactly what the relay is going to transmit, i.e., X_r is known at S_1 and S_2 non-causally. Therefore X_r needs not to be transmitted via the conferencing links, i.e., the conferencing symbols $X_s^{(n)}$ are independent of $X_r^{(n)}$, which indicates that $p(x_r, x_s) = p(x_r)p(x_s)$ is sufficient for the probability partition in Proposition 1. Since X_1 is potentially correlated to X_r and X_s , we can introduce two independent auxiliary variables $\alpha_1, \rho_1 \in [0,1]$ to indicate the dependence of X_1 on X_r (via $\bar{\alpha}_1 = 1 - \alpha_1$) and on X_s (via $\rho_1 \alpha_1$). Similarly, $\alpha_2, \rho_2 \in [0, 1]$ are introduced for X_2 . Following similar procedures as in [32], [33], we can bound all the mutual information terms in (3) and obtain the following outer bound.

Proposition 2: The cut-set bound $C_{\text{cut-set}}$ in Proposition 1 can be outer bounded by

$$\begin{split} C_{\text{upp1}} &= \bigcup_{0 \leq \alpha_1, \alpha_2, \rho_1, \rho_2 \leq 1} \left\{ (R_1, R_2) : \ R_1 \geq 0, \ R_2 \geq 0, \ (4) \\ R_1 \leq C_{12} + \min_{d \in \{1,2\}} \{ \mathcal{C} \left((\gamma_{1d} + \gamma_{1r}) \bar{\rho}_1 \alpha_1 \right), \\ \mathcal{C} \left(\gamma_{1d} (\bar{\rho}_1 \alpha_1 + \bar{\alpha}_1) + \gamma_{rd} + 2 \sqrt{\gamma_{1d} \gamma_{rd} \bar{\alpha}_1} \right) \}, \\ R_2 \leq C_{21} + \min_{d \in \{1,2\}} \{ \mathcal{C} \left((\gamma_{2d} + \gamma_{2r}) \bar{\rho}_2 \alpha_2 \right), \\ \mathcal{C} (\gamma_{2d} (\bar{\rho}_2 \alpha_2 + \bar{\alpha}_2) + \gamma_{rd} + 2 \sqrt{\gamma_{2d} \gamma_{rd} \bar{\alpha}_2}) \}, \\ R_1 + R_2 \leq \min_{d \in \{1,2\}} \{ \mathcal{C} (\gamma_{1d} + \gamma_{2d} + \gamma_{rd} + 2 \sqrt{\bar{\alpha}_1 \gamma_{1d} \gamma_{rd}} \\ + 2 \sqrt{\bar{\alpha}_2 \gamma_{2d} \gamma_{rd}} + 2 \sqrt{\gamma_{1d} \gamma_{2d}} (\sqrt{\rho_1 \rho_2 \alpha_1 \alpha_2} + \sqrt{\bar{\alpha}_1 \bar{\alpha}_2})), \\ \mathcal{C} ((\gamma_{1d} + \gamma_{1r}) \alpha_1 + (\sqrt{\gamma_{1d} \gamma_{2r}} - \sqrt{\gamma_{2d} \gamma_{1r}})^2 \alpha_1 \alpha_2 (1 - \lambda_d^2 \rho_1 \rho_2) \\ + (\gamma_{2d} + \gamma_{2r}) \alpha_2 + 2 (\sqrt{\gamma_{1d} \gamma_{2d}} + \sqrt{\gamma_{1r} \gamma_{2r}}) \lambda_d \sqrt{\rho_1 \rho_2 \alpha_1 \alpha_2}) \}, \\ R_1 + R_2 \leq C_{12} + C_{21} + \min_{d \in \{1,2\}} \{ \mathcal{C} ((\gamma_{1d} + \gamma_{1r}) \bar{\rho}_1 \alpha_1 \\ + (\gamma_{2d} + \gamma_{2r}) \bar{\rho}_2 \alpha_2 + (\sqrt{\gamma_{1d} \gamma_{2r}} - \sqrt{\gamma_{2d} \gamma_{1r}})^2 \bar{\rho}_1 \bar{\rho}_2 \alpha_1 \alpha_2), \\ \mathcal{C} (\gamma_{1d} (\bar{\alpha}_1 + \bar{\rho}_1 \alpha_1) + \gamma_{2d} (\bar{\alpha}_2 + \bar{\rho}_2 \alpha_2) + \gamma_{rd} \\ + 2 \sqrt{\gamma_{1d} \gamma_{2d} \bar{\alpha}_1 \bar{\alpha}_2} + 2 \sqrt{\gamma_{1d} \gamma_{rd} \bar{\alpha}_1} + 2 \sqrt{\gamma_{2d} \gamma_{rd} \bar{\alpha}_2}) \} \Big\}, \end{split}$$

where $\bar{\alpha}_1=1-\alpha_1$, $\bar{\alpha}_2=1-\alpha_2$, $\bar{\rho}_1=1-\rho_1$, $\bar{\rho}_2=1-\rho_2$, $\lambda_1 = \lambda_2 = 1$ if $\alpha_1\alpha_2\rho_1\rho_2 = 0$ and otherwise

$$\lambda_d = \min\{1, \frac{\sqrt{\gamma_{1d}\gamma_{2d}} + \sqrt{\gamma_{1r}\gamma_{2r}}}{(\sqrt{\gamma_{1d}\gamma_{2r}} - \sqrt{\gamma_{2d}\gamma_{1r}})^2\sqrt{\rho_1\rho_2\alpha_1\alpha_2}}\}, d \in \{1, 2\}$$

Proof: The proof can be found in Appendix A.

C. An Alternative Outer Bound

As stated in (27), by introducing ρ_1, ρ_2 independently we have $\frac{1}{n} \sum_{i=1}^{n} E[\operatorname{Cov}(X_{1,i}, X_{2,i}|X_{r,i})] \leq \sqrt{\rho_1 \rho_2 \alpha_1 \alpha_2}$, which leads to a loose outer bound (when $\lambda_1 < 1$ or $\lambda_2 < 1$) on the sum-rate. If we instead first introduce $\rho \in [0, 1]$ such that $\frac{1}{n} \sum_{i=1}^{n} E[\operatorname{Cov}(X_{1,i}, X_{2,i}|X_{r,i})] = \rho \sqrt{\alpha_1 \alpha_2}$ to get a tighter outer bound on the sum-rate, then ρ_1 and ρ_2 become correlated. Therefore, we may first define ρ and ρ_1 independently to get C_{upp2} which is tighter on the sum-rate but looser on R_2 , and then define ρ and ρ_2 independently to get C_{upp3} which is tighter on the sum-rate but looser on R_1 , and finally obtain the outer bound C_{upp4} by intersection of C_{upp3} and C_{upp3} .

Proposition 3: The cut-set bound $C_{\text{cut-set}}$ in Proposition 1 can be outer bounded by

$$C_{\text{upp2}} = \bigcup_{0 \le \alpha_1, \alpha_2, \rho, \rho_1 \le 1} \left\{ (R_1, R_2) : R_1 \ge 0, R_2 \ge 0, \quad (5) \\ R_1 \le C_{12} + \min_{d \in \{1,2\}} \left\{ \mathcal{C} \left((\gamma_{1d} + \gamma_{1r})\bar{\rho}_1\alpha_1 \right), \\ \mathcal{C} (\gamma_{1d}(\bar{\rho}_1\alpha_1 + \bar{\alpha}_1) + \gamma_{rd} + 2\sqrt{\gamma_{1d}\gamma_{rd}\bar{\alpha}_1}) \right\}, \\ R_2 \le C_{21} + \min_{d \in \{1,2\}} \left\{ \mathcal{C} \left((\gamma_{2d} + \gamma_{2r})(1 - \rho^2/\rho_1)\alpha_2 \right), \\ \mathcal{C} (\gamma_{2d}((1 - \rho^2/\rho_1)\alpha_2 + \bar{\alpha}_2) + \gamma_{rd} + 2\sqrt{\gamma_{2d}\gamma_{rd}\bar{\alpha}_2}) \right\}, \\ R_1 + R_2 \le \min_{d \in \{1,2\}} \left\{ \mathcal{C} (\gamma_{1d} + \gamma_{2d} + \gamma_{rd} + 2\sqrt{\bar{\alpha}_1\gamma_{1d}\gamma_{rd}} + 2\sqrt{\bar{\alpha}_2\gamma_{2d}\gamma_{rd}} + 2\sqrt{\gamma_{1d}\gamma_{2d}}(\rho\sqrt{\alpha_1\alpha_2} + \sqrt{\bar{\alpha}_1\bar{\alpha}_2})), \\ \mathcal{C} ((\gamma_{1d} + \gamma_{1r})\alpha_1 + (\sqrt{\gamma_{1d}\gamma_{2r}} - \sqrt{\gamma_{2d}\gamma_{1r}})^2\alpha_1\alpha_2(1 - \rho^2) + (\gamma_{2d} + \gamma_{2r})\alpha_2 + 2(\sqrt{\gamma_{1d}\gamma_{2d}} + \sqrt{\gamma_{1r}\gamma_{2r}})\rho\sqrt{\alpha_1\alpha_2}) \right\}, \\ R_1 + R_2 \le C_{12} + C_{21} + \min_{d \in \{1,2\}} \left\{ \mathcal{C} ((\gamma_{2d} + \gamma_{2r})(1 - \rho^2/\rho_1)\alpha_2 + (\gamma_{1d} + \gamma_{1r})\bar{\rho}_1\alpha_1 + (\sqrt{\gamma_{1d}\gamma_{2r}} - \sqrt{\gamma_{2d}\gamma_{1r}})^2\alpha_1\alpha_2\bar{\rho}_1(1 - \rho^2/\rho_1)) \right\}, \\ \mathcal{C} (\gamma_{1d}(\bar{\alpha}_1 + \bar{\rho}_1\alpha_1) + \gamma_{2d}(\bar{\alpha}_2 + (1 - \rho^2/\rho_1)\alpha_2) + \gamma_{rd} + 2\sqrt{\gamma_{1d}\gamma_{2d}}\bar{\alpha}_1\bar{\alpha}_2 + 2\sqrt{\gamma_{1d}\gamma_{rd}}\bar{\alpha}_1 + 2\sqrt{\gamma_{2d}\gamma_{rd}}\bar{\alpha}_2) \right\},$$

with $\bar{\alpha}_1 = 1 - \alpha_1$, $\bar{\alpha}_2 = 1 - \alpha_2$, $\bar{\rho}_1 = 1 - \rho_1$, $\rho^2 \le \rho_1$, and $\rho^2 / \rho_1 = 0$ for $\rho = \rho_1 = 0$.

Proof: The proof can be found in Appendix B. *Proposition 4:* Let C_{upp3} be the region obtained directly from (5) by variable substitution $(\rho^2/\rho_1 \text{ is treated as a single}$ variable) as follows: $\rho^2/\rho_1 \Leftrightarrow \rho_2$, $1-\rho^2/\rho_1 \Leftrightarrow \bar{\rho}_2$ and $\rho_1 \Leftrightarrow \rho^2/\rho_2$, $\bar{\rho}_1 \Leftrightarrow 1-\rho^2/\rho_2$. We can outer bound $C_{\text{cut-set}}$ by $C_{upp4} = C_{upp2} \cap C_{upp3}$.

Proof: It is sufficient to prove $C_{\text{cut-set}} \subseteq C_{\text{upp3}}$ by following the same procedure as in Appendix B except introducing ρ_2 (instead of ρ_1) such that

$$\bar{\rho}_2 \alpha_2 = \frac{1}{n} \sum_{i=1}^n E[\operatorname{Var}(X_{2,i} | X_{r,i} X_{s,i})].$$

The supremum operation should be over $0 \le \alpha_1, \alpha_2, \rho, \rho_2 \le 1$ accordingly with $\rho^2 \le \rho_2$.

IV. NOISY NETWORK CODING WITH SOURCE COOPERATION

In this section, we provide an inner bound of the capacity region by an extension of the noisy NC scheme. The basic principle of noisy NC, as described in [31], is to convey a "super message" B times, each time using an independent codebook and letting $B \rightarrow \infty$, before the destination(s) can successfully decode the message. Therefore collaboration by sharing messages via conferencing bit-pipes is not feasible since it requires a $B \rightarrow \infty$ times higher conferencing rate to exchange the super message before transmission starts. On the other hand, the orthogonal conferencing bit-pipes between two source nodes can serve as relay nodes for each other. According to the theory of network equivalence [34], the capacity of a network is unchanged if any independent, memoryless, pointto-point channel in this network is replaced by a noiseless bitpipe with throughput equal to the removed channel's capacity. Since the conferencing bit-pipes between two source nodes are independent and orthogonal to all the other transmissions, they can be replaced [34] by noisy channels with the same capacity as follows:

$$C_{12}: Y_{s2} = \sqrt{P_1 X_{s1} + Z_{s2}}, \text{ with } \mathcal{C}(P_1) = C_{12},$$

$$C_{21}: Y_{s1} = \sqrt{P_2 X_{s2} + Z_{s1}}, \text{ with } \mathcal{C}(P_2) = C_{21}, \quad (6)$$

where $X_{s1}, X_{s2}, Z_{s1}, Z_{s2}$ are independent Gaussian¹ random variables with zero-mean and unit-variance, P_1, P_2 are corresponding power constraints, and Y_{s1}, Y_{s2} are the conferencing outputs at source nodes S_1 and S_2 , respectively. Note that signals in (6) are orthogonal to all the other transmissions and therefore will not mix with signals (e.g. X_1, X_2) in (1). Now we can extend the noisy NC scheme [31], originally designed for co-channel relay networks, to our setup with orthogonal conferencing bit-pipes.

Proposition 5: An achievable rate region of noisy NC with conferencing encoders is obtained as the union of all rate pairs (R_1, R_2) that satisfy $R_1 \ge 0$, $R_2 \ge 0$, and

$$R_{1} < \Delta_{R_{1}} + \min\{\mathcal{C}(\gamma_{11} + \frac{\gamma_{1r}}{1 + \sigma_{r}^{2}}), \ \mathcal{C}(\gamma_{12} + \frac{\gamma_{1r}}{1 + \sigma_{r}^{2}}), \ \mathcal{C}(\gamma_{11} + \gamma_{r1}) - \mathcal{C}(1/\sigma^{2}), \ \mathcal{C}(\gamma_{12} + \gamma_{r2}) - \mathcal{C}(1/\sigma^{2})\},$$
(7)

$$\begin{aligned} & \mathcal{C}(\gamma_{11}+\gamma_{r1}) - \mathcal{C}(1/\sigma_{r}^{2}), \ \mathcal{C}(\gamma_{12}+\gamma_{r2}) - \mathcal{C}(1/\sigma_{r}^{2})\}, \\ & R_{2} < \Delta_{R_{2}} + \min\{\mathcal{C}(\gamma_{21}+\frac{\gamma_{2r}}{1+\sigma_{r}^{2}}), \ \mathcal{C}(\gamma_{22}+\frac{\gamma_{2r}}{1+\sigma_{r}^{2}}), \\ & \mathcal{C}(\gamma_{21}+\gamma_{r1}) - \mathcal{C}(1/\sigma_{r}^{2}), \ \mathcal{C}(\gamma_{22}+\gamma_{r2}) - \mathcal{C}(1/\sigma_{r}^{2})\}, \\ & R_{1} + R_{2} < \Delta_{R_{s}} + \min\{\mathcal{C}(\gamma_{11}+\gamma_{21}+\gamma_{r1}) - \mathcal{C}(1/\sigma_{r}^{2}), \\ & \mathcal{C}(\gamma_{12}+\gamma_{22}+\gamma_{r2}) - \mathcal{C}(1/\sigma_{r}^{2}), \\ & \mathcal{C}(\gamma_{11}+\gamma_{21}+\frac{\gamma_{1r}+\gamma_{2r}+(\sqrt{\gamma_{11}\gamma_{2r}}-\sqrt{\gamma_{21}\gamma_{1r}})^{2}}{1+\sigma_{r}^{2}}), \end{aligned}$$

$$\mathcal{C}(\gamma_{12}+\gamma_{22}+\frac{\gamma_{1r}+\gamma_{2r}+(\sqrt{\gamma_{12}\gamma_{2r}}-\sqrt{\gamma_{22}\gamma_{1r}})^2}{1+\sigma_r^2})\},$$

where $\Delta_{R_1} = C(\frac{P_1}{1+\sigma_2^2}) - C(\frac{1}{\sigma_1^2})$, $\Delta_{R_2} = C(\frac{P_2}{1+\sigma_1^2}) - C(\frac{1}{\sigma_2^2})$, and $\Delta_{R_s} = -C(1/\sigma_1^2) - C(1/\sigma_2^2)$, and the union is taken over all $\sigma_1^2, \sigma_2^2, \sigma_r^2 > 0$. The value of P_1, P_2 is determined by conferencing rate (C_{12}, C_{21}) as defined in (6).

¹In [34] the noisy channel is only required to have the same capacity as the bit-pipe's throughput, with no restriction on the channel input or output. By restricting ourselves to Gaussian signals, the capacity of the overall network will not be increased, and therefore we still have a valid capacity inner bound.



Fig. 2. Achievable rate region of Noisy NC with conferencing links, achieved by time-sharing among rate optimization of R_1 , R_2 , and $R_1 + R_2$, respectively. The SNR parameters are heuristically chosen.

Remark 1: σ_i^2 , i = 1, 2, r, refers to the controllable quantization noise power induced by noisy compression at S_1 , S_2 , and \mathcal{R} , respectively, which leads to a rate penalty $-\mathcal{C}(1/\sigma_i^2)$. Rate contributions $\mathcal{C}(\frac{P_1}{1+\sigma_i^2})$ and $\mathcal{C}(\frac{P_2}{1+\sigma_i^2})$ are due to noisy relaying of the conferencing messages. Since $\Delta_{R_s} \leq 0$ with equality if and only if $\sigma_1^2 = \sigma_2^2 = \infty$, i.e., no source cooperation via conferencing links, we have to compute the rate region for noisy NC in three steps: first generate the rate region of noisy NC without utilizing conferencing links; then compute rate regions by maximizing R_1 , R_2 , and $R_1 + R_2$, respectively; finally, apply time-sharing among different optimization schemes to get the rate region, as illustrated in Fig. 2. The maximization of $R_1 + R_2$ is not always necessary. For example, if $0 < C_{12}, C_{21} \leq \frac{1}{2}$, we have $P_1 \leq 1$ and $P_2 \leq 1$ according to (6). Then for any $0 < \sigma_1^2, \sigma_2^2 < \infty$ we have $\Delta_{R_1} + \Delta_{R_2} < 0$ and $\Delta_{R_s} < 0$, i.e., the sum-rate $R_1 + R_2$ cannot be increased.

Proof: Given the set of transmitting nodes $T = \{S_1, S_2, \mathcal{R}\}$ and the set of sink nodes $D = \{D_1, D_2\}$, and denoting $R_1 = R(S_1)$, $R_2 = R(S_2)$, $R(\mathcal{R}) = 0$, the achievable rate region of noisy NC for the multicast relay network in Fig. 1 can be specialized from [31, Theorem 1] as follows

$$\sum_{k \in S} R(k) < \min_{d \in D} \{ I(X(S); \hat{Y}(S^c)Y(d) | X(S^c)Q) - I(Y(S); \hat{Y}(S) | X(T)\hat{Y}(S^c)Y(d)Q) \},$$
(8)

where \hat{Y} is the compressed versions of Y, Q is the timesharing parameter, S, S^c are any pair of complementary subsets of T, i.e., $S \cup S^c = T$ and $S \cap S^c = \emptyset$, with

$$X(\mathcal{S}_1) = \{X_1, X_{s1}\}, \ X(\mathcal{S}_2) = \{X_2, X_{s2}\}, \ X(\mathcal{R}) = X_r, X(T) = \{X_1 X_2 X_r X_{s1} X_{s2}\}, \ Y(\mathcal{S}_1) = Y_{s1}, \ Y(\mathcal{S}_2) = Y_{s2}, Y(\mathcal{R}) = Y_r, \ Y(\mathcal{D}_1) = Y_1, \ Y(\mathcal{D}_2) = Y_2,$$

and the joint probability partitioned as

$$p(q)p(x_1|q)p(x_2|q)p(x_r|q)p(x_{s1}|q)p(x_{s2}|q) \times p(\hat{y}_r|x_r, y_r, q)p(\hat{y}_{s1}|x_1, y_{s1}, q)p(\hat{y}_{s2}|x_2, y_{s2}, q).$$

By setting $Q = \emptyset$ and $\hat{Y}_r = Y_r + \hat{Z}_r$, $\hat{Y}_{s1} = Y_{s1} + \hat{Z}_1$, $\hat{Y}_{s2} = Y_{s2} + \hat{Z}_2$ with $\hat{Z}_r \sim \mathcal{N}(0, \sigma_r^2)$, $\hat{Z}_1 \sim \mathcal{N}(0, \sigma_1^2)$, $\hat{Z}_2 \sim \mathcal{N}(0, \sigma_2^2)$, and applying (1), (2) and (6) into (8), we can get (7).

V. RELAYING AS NETWORK CODING WITH SOURCE COOPERATION

In contrast to relaying compression of each other's messages as in Sec. IV, the source nodes can also cooperate by sharing parts of their messages through the conferencing links. By exploiting rate-splitting [36], [37], we first partition each source message into two parts $W_1=[W_{1c}, W_{1p}]$, $W_2=[W_{2c}, W_{2p}]$, and then divide all the four messages evenly into Bblocks $W_{1c,t}$, $W_{1p,t}$, $W_{2c,t}$, $W_{2p,t}$, each with nR_{1c}, nR_{1p} , nR_{2c}, nR_{2p} , bits, respectively. The transmission is completed in B+2 blocks², each with n channel uses. During block t-1, the sources exchange $(W_{1c,t}, W_{2c,t})$ over the conferencing links at rate $R_{1c} \leq C_{12}$ and $R_{2c} \leq C_{21}$, respectively, to formulate a common message $W_{c,t}=[W_{1c,t}, W_{2c,t}]$; during block t, S_1 broadcasts $[W_{c,t}, W_{1p,t}]$ and S_2 broadcasts $[W_{c,t}, W_{2p,t}]$ over the channel in cooperation with the relay's transmission. Both DF relaying and AF relaying are considered here.

A. Partial-Decode-and-Forward Relaying with Linear Network Coding (pDF+LNC)

Unlike these cooperative strategies with DF relaying proposed in [32], \mathcal{R} here only needs to decode and forward some or all of the messages $(W_{1p,t}, W_{2p,t}, W_{c,t})$ depending on the channel quality, owning to the existence of cross-links. We propose a hybrid coding scheme termed partial-decodeand-forward based linear network coding (pDF+LNC). It essentially performs rate-splitting at the source nodes to exchange messages, partial decoding and LNC at the relay to reduce the rate constraints and superpose the decoded messages, and joint decoding at the destinations to enlarge the rate region. The codebook generation and encoding/decoding process are a natural extension of [21, Theorem 1]. Given i.i.d. random variables $V_{1p}, V_{2p}, V_c \sim \mathcal{N}(0, 1)$, we first generate independent codebooks $\{V_{1p}^{(n)}\}, \{V_{2p}^{(n)}\}$ and $\{V_c^{(n)}\}$, each of size $2^{nR_{1p}}, 2^{nR_{2p}}$ and 2^{nR_c} , respectively. Then, for each index $k \in \{1, ..., 2^{nR_{1p}}\}$, we generate independently $2^{nR_{1p}}$ codewords $X_{1p}^{(n)}$ using distribution $\prod p(x_{1p}|v_{1p}(k))$, and label the codewords as $X_{1p}^{(n)}(n,k)$, where $n \in \{1, \dots, 2^{nR_{1p}}\}$. We generate $X_{2p}^{(n)}$ and $X_c^{(n)}$ in a similar way. At block t, \mathcal{S}_1 transmits $[W_{c,t}, W_{1p,t}]$ and S_2 transmits $[W_{c,t}, W_{2p,t}]$ in cooperation with the relay's transmission as follows

$$X_{r,t}^{(n)} = \sqrt{\alpha_r'} V_{1p}^{(n)}(W_{1p,t-1}) + \sqrt{\alpha_r''} V_{2p}^{(n)}(W_{2p,t-1})$$

$$+ \sqrt{1 - \alpha' - \alpha''} V^{(n)}(W_{2p,t-1}).$$
(9)

$$\begin{split} X_{1,t}^{(n)} = & \sqrt{\alpha_1} X_{1p}^{(n)}(W_{1p,t}, W_{1p,t-1}) + \sqrt{\alpha_2} X_c^{(n)}(W_{c,t}, W_{c,t-1}) \\ & + \sqrt{\alpha_3} V_{1p}^{(n)}(W_{1p,t-1}) + \sqrt{\alpha_4} V_c^{(n)}(W_{c,t-1}), \\ X_{2,t}^{(n)} = & \sqrt{\alpha_5} X_{2p}^{(n)}(W_{2p,t}, W_{2p,t-1}) + \sqrt{\alpha_6} X_c^{(n)}(W_{c,t}, W_{c,t-1}) \\ & + \sqrt{\alpha_7} V_{2p}^{(n)}(W_{2p,t-1}) + \sqrt{\alpha_8} V_c^{(n)}(W_{c,t-1}), \end{split}$$

where $0 \leq \alpha'_r, \alpha''_r, \alpha_1, \alpha_2, \alpha_3, \alpha_4, \alpha_5, \alpha_6, \alpha_7, \alpha_8 \leq 1$ are power allocation parameters with $\alpha_1 + \alpha_2 + \alpha_3 + \alpha_4 = 1$ and $\alpha_5 + \alpha_6 + \alpha_7 + \alpha_8 = 1$. The encoding/decoding process when \mathcal{R} decodes all messages with B=3 is illustrated in Table I. \mathcal{R} recovers $(W_{1p,t}, W_{2p,t}, W_{c,t})$ jointly at the end of block t by forward decoding [16] based on $Y_{r,t}^{(n)}$ after cancelling out $(W_{1p,t-1}, W_{2p,t-1}, W_{c,t-1})$. The destinations carry out backward decoding [38]: the received signal $Y_{1,B+1}^{(n)}$ $(Y_{2,B+1}^{(n)})$ only depends on $(W_{1p,B}, W_{2p,B}, W_{c,B})$, which can be retrieved by a joint typicality decoder; then we proceed to $Y_{1,B}^{(n)}$ $(Y_{2,B}^{(n)})$ and repeat this process backwards until all messages are recovered.

Proposition 6: Define $T = \{1p, 2p, c\}, T_Q \subseteq T \text{ and } T_Q \neq \emptyset$, the achievable rate region for pDF+LNC is the union over all (R_1, R_2) satisfying $R_1 \ge 0, R_2 \ge 0$, and

$$\begin{cases} 0 \le R_{1c} \le C_{12}, \ 0 \le R_{2c} \le C_{21}, \ R_{1p} \ge 0, \ R_{2p} \ge 0, \\ R_1 = R_{1p} + R_{1c}, \ R_2 = R_{2p} + R_{2c}, \ R_c = R_{1c} + R_{2c}, \\ R(S \subseteq T) < \min_{d \in \{1,2\}} I(X(S)X_r; Y_d | X(S^c)V(S^c)), \\ R(S_Q \subseteq T_Q) < I(X(S_Q); Y_r | X(S_Q^c)V(T_Q)), \end{cases}$$
(10)

where $R(S) = \sum_{k \in S} R_k$, $S^c (S_Q^c)$ is the complementary subset of $S (S_Q)$ with $S \cup S^c = T (S_Q \cup S_Q^c = T_Q)$, the union is taken over all the power allocation parameters, and over all possible rate constraints (R_{1p}, R_{2p}, R_c) that are determined by the corresponding partial-DF cooperation strategies indicated by T_Q . Intermediate variables R_{1p} , R_{2p} , R_c , R_{1c} and R_{2c} can be easily removed by performing Fourier-Motzkin elimination.

Proof: Proof outline. There are 7 different partial decoding options at the relay, namely, decoding only $W_{1p,t}$, $W_{2p,t}$, $W_{c,t}$, $(W_{1p,t}, W_{2p,t})$, $(W_{1p,t}, W_{c,t})$, $(W_{2p,t}, W_{c,t})$, or $(W_{1p,t}, W_{2p,t}, W_{c,t})$, resulting in 7 different rate constraints (R_{1p}, R_{2p}, R_c) . We therefore introduce an auxiliary random variable Q to indicate different partial DF strategies and any combinations of them by arbitrary time-sharing. If the relay decodes $(W_{1p,t}, W_{2p,t}, W_{c,t})$ (i.e., $T_Q = T$), by performing forward decoding [16] at the relay and backward decoding [38] at destinations, we can get from [21, Theorem 1] that

$$R(S \subseteq T) < I(X(S); Y_r | X(S^c) X_r),$$

$$R(S \subseteq T) < \min_{d \in \{1,2\}} I(X(S) X_r; Y_d | X(S^c) V(S^c)),$$
(11)

with variables defined as in (9) and (1). By enforcing $p(x_{1p}|v_{1p}), p(x_{2p}|v_{2p})$, and $p(x_c|v_c)$ to be normal distribution, and applying the fact that $V_{1p}, V_{2p}, V_c \sim \mathcal{N}(0, 1)$ into (9), all the mutual information constraints in (11) can be translated into corresponding $\mathcal{C}(\cdot)$ expressions, which are omitted here due to space limitations.

If the relay only decodes $W_{c,t}$ $(T_Q = \{c\})$, we have

$$R(S \subseteq T) < \min_{d \in \{1,2\}} I(X(S)X_r; Y_d | X(S^c)V(S^c)),$$

$$R_c < I(X_c; Y_r | V_c),$$
(12)

with variables defined as in (9) and (1) but with $\alpha'_r = \alpha''_r = \alpha_3 = \alpha_7 = 0$. The case when the relay only decodes $W_{1p,t}$ (for $T_Q = \{1p\}$) or $W_{2p,t}$ (for $T_Q = \{2p\}$) is handled similarly.

If the relay decodes $W_{1p,t}, X_{2p,t}$ but not $W_{c,t}$ (for $T_Q = \{1p, 2p\}$), we can obtain

$$R(S \subseteq T) < \min_{d \in \{1,2\}} I(X(S)X_r; Y_d | X(S^c)V(S^c)), \quad (13)$$

$$R_{1p} < I(X_{1p}; Y_r | X_{2p}V_{1p}V_{2p}),$$

$$R_{2p} < I(X_{2p}; Y_r | X_{1p}V_{1p}V_{2p}),$$

$$R_{1p} + R_{2p} < I(X_{1p}X_{2p}; Y_r | V_{1p}V_{2p}),$$

²The first block (t = 0) involves only message exchanging via error-free bit-pipes but no transmission over the relay channel.

TABLE I Illustration of the encoding/decoding process for pDF+LNC with $W_{c,t} = [W_{1c,t}, W_{2c,t}]$ for B = 3 and full decoding at the relay.

t =	0	1	2	3	4
\rightleftharpoons	$W_{1c,1} \Leftrightarrow W_{2c,1}$	$W_{1c,2} \Leftrightarrow W_{2c,2}$	$W_{1c,3} \Leftrightarrow W_{2c,3}$	/	/
S_1 transmits	/	$W_{1p,1}, W_{c,1}$	$(W_{1p,1}, W_{1p,2}, W_{c,1}, W_{c,2})$	$(W_{1p,2}, W_{1p,3}, W_{c,2}, W_{c,3})$	$W_{1p,3}, W_{c,3}$
S_2 transmits	/	$W_{2p,1}, W_{c,1}$	$(W_{2p,1}, W_{2p,2}, W_{c,1}, W_{c,2})$	$(W_{2p,2}, W_{2p,3}, W_{c,2}, W_{c,3})$	$W_{2p,3}, W_{c,3}$
\mathcal{R} decodes	/	$W_{1,1}, W_{2,1} \rightarrow$	$W_{1,2}, W_{2,2} \rightarrow$	$W_{1,3}, W_{2,3}$	/
${\cal R}$ transmits	/	/	$W_{1p,1}, W_{2p,1}, W_{c,1}$	$W_{1p,2}, W_{2p,2}, W_{c,2}$	$W_{1p,3}, W_{2p,3}, W_{c,3}$
$\mathcal{D}_1/\mathcal{D}_2$ decodes	/	/	$W_{1,1}, W_{2,1}$	$\leftarrow W_{1,2}, W_{2,2}$	$\leftarrow W_{1,3}, W_{2,3}$

TABLE II ILLUSTRATION OF THE ENCODING/DECODING PROCESS FOR AF+ANC WITH $W_{c,t} = [W_{1c,t}, W_{2c,t}]$ For B = 3.

t =	0	1	2	3	4
\Rightarrow	$W_{1c,1} \Leftrightarrow W_{2c,1}$	$W_{1c,2} \Leftrightarrow W_{2c,2}$	$W_{1c,3} \Leftrightarrow W_{2c,3}$	/	/
S_1 transmits	/	$(W_{1p,1}, W_{c,1})$	$(W_{1p,2}, W_{c,2})$	$(W_{1p,3}, W_{c,3})$	
S_2 transmits	/	$(W_{2p,1}, W_{c,1})$	$(W_{2p,2}, W_{c,2})$	$(W_{2p,3}, W_{c,3})$	
\mathcal{R} relays	/	/	$W_{1p,1}, W_{2p,1}, W_{c,1}$	$W_{1p,2}, W_{2p,2}, W_{c,2}$	$W_{1p,3}, W_{2p,3}, W_{c,3}$
$\mathcal{D}_1/\mathcal{D}_2$ decodes	/	/	$W_{1,1}, W_{2,1} \rightarrow$	$W_{1,2}, W_{2,2} \rightarrow$	$W_{1,3}, W_{2,3}$

with variables defined as in (9) and (1) but with $\alpha'_r + \alpha''_r = 1$ and $\alpha_4 = \alpha_8 = 0$. It is similar for scenarios when the relay does not decode $W_{1p,t}$ (for $T_Q = \{2p, c\}$) or $W_{2p,t}$ (for $T_Q = \{1p, c\}$).

For other values of Q, different partial DF strategies are used in a time-sharing fashion. The achievable rate region in (10) is therefore the union of all the different regions resulting from different partial decoding strategies.

Remark 2: The pDF+LNC strategy requires a smart relay which can adopt a proper encoding/decoding scheme depending on the effective link SNR γ , in addition to a powerful joint typicality decoder. Based on the design metric (e.g. maximizing the sum-rate) and the values of $\gamma_{i,j}$, the same optimization process can be carried out at both the relay and source nodes, resulting in an operation point (R_1, R_2) on the boundary of the achievable rate region together with a group of operating parameters $(Q, R_{1p}, R_{2p}, R_{1c}, R_{2c}, \alpha'_r, \alpha''_r, \alpha_1, \alpha_2, \alpha_3, \alpha_4, \alpha_5, \alpha_6, \alpha_7, \alpha_8).$ Ideally such optimization process can be carried out on the fly to adaptively update the operating parameters. For practical implementation however, we need to form a lookup table for \mathcal{R} which contains $(Q, R_{1p}, R_{2p}, R_{1c}, R_{2c}, \alpha'_r, \alpha''_r)$ and is indexed by quantized link SNR $\tilde{\gamma}_{ij}$, i, j=1, 2, r. The lookup tables for S_1 and S_2 are created in a similar way. Note that the quantization should satisfy $\tilde{\gamma} \leq \gamma$ to avoid link outage and hence results in a loss of spectrum efficiency. If the quantization resolution is properly selected, the complexity of implementing a lookup table can be marginal compared to the joint typicality decoder equipped by the DF relay.

B. Amplify-and-Forward as Analog Network Coding (*AF*+*ANC*)

The proposed pDF+LNC strategy requires a powerful relay node. If the functionality of the relay cannot support encoding/decoding or interference cancellation, neither the extension of Noisy NC in Sec. IV nor pDF+LNC can be used. As suggested by [29], [30], AF relaying as analog NC (AF+ANC) is an attractive option in the high SNR regime. In this setup, the relay forwards a scaled version of the signal received during the previous period. Three independent random codebooks $\{V_{1p,t}^{(n)}\}$ of size $2^{nR_{1p}}$, $\{V_{2p,t}^{(n)}\}$ of size $2^{nR_{2p}}$, and $\{V_{c,t}^{(n)}\}$ of size $2^{n(R_{1c}+R_{2c})}$, are generated to encode $W_{1p,t}$, $W_{2p,t}$ and $W_{c,t}$, respectively. At block t, the transmitted signals are

$$\begin{aligned} X_{1,t}^{(n)} &= \sqrt{\bar{\alpha}_1} V_{1p,t}^{(n)}(W_{1p,t}) + \sqrt{\alpha_1} V_{c,t}^{(n)}(W_{c,t}), \\ X_{2,t}^{(n)} &= \sqrt{\bar{\alpha}_2} V_{2p,t}^{(n)}(W_{2p,t}) + \sqrt{\alpha_2} V_{c,t}^{(n)}(W_{c,t}), \\ X_{r,t}^{(n)} &= \beta \left(\sqrt{\gamma_{1r} \bar{\alpha}_1} V_{1p,t-1}^{(n)} + \sqrt{\gamma_{2r} \bar{\alpha}_2} V_{2p,t-1}^{(n)} \right. \\ &\left. + \left(\sqrt{\gamma_{1r} \alpha_1} + \sqrt{\gamma_{2r} \alpha_2} \right) V_{c,t-1}^{(n)} + Z_{r,t-1}^{(n)} \right), \end{aligned}$$
(14)

where $0 \le \alpha_1, \alpha_2 \le 1$ are power allocation parameters with $\bar{\alpha}_1=1-\alpha_1$ and $\bar{\alpha}_2=1-\alpha_2$. β is the amplifying factor at the relay to satisfy the power constraint (2), i.e.,

$$\beta^{2} = \frac{1}{E[\operatorname{Var}(Y_{r,t})]} = \frac{1}{1 + \gamma_{1r} + \gamma_{2r} + 2\sqrt{\gamma_{1r}\gamma_{2r}\alpha_{1}\alpha_{2}}}$$

Note that β is defined in a different way in [30] to guarantee the SNR level at the destination nodes after multiple-hop AF relaying. The destination nodes \mathcal{D}_1 and \mathcal{D}_2 perform *sliding window* [39] joint decoding: at the end of block t+1, assuming $W_{1,t-1}$ and $W_{2,t-1}$ have been decoded successfully, \mathcal{D}_1 can jointly decode $W_{1,t}$ and $W_{2,t}$ from $(Y_{1,t}^{(n)}, Y_{1,t+1}^{(n)})$ and \mathcal{D}_2 can decode based on $(Y_{2,t}^{(n)}, Y_{2,t+1}^{(n)})$. The encoding/decoding process is illustrated in Table II.

Proposition 7: Define $T = \{1p, 2p, c\}$ and a pair of its complementary subsets S and S^c , i.e. $S \cup S^c = T$ and $S \cap S^c = \emptyset$, the achievable rate region for AF+ANC is the union over all (R_1, R_2) satisfying $R_1 \ge 0$, $R_2 \ge 0$, and

$$\begin{cases} 0 \le R_{1c} \le C_{12}, \ 0 \le R_{2c} \le C_{21}, \ R_{1p} \ge 0, \ R_{2p} \ge 0, \\ R_1 = R_{1p} + R_{1c}, \ R_2 = R_{2p} + R_{2c}, \ R_c = R_{1c} + R_{2c}, \\ \sum_{k \in S} R_k < \min_{d \in \{1,2\}} I(V_t(S); Y_{d,t} Y_{d,t+1} | V_{t-1}(T) V_t(S^c)), \end{cases}$$
(15)

where $V_{t-1}(T) = \{V_{1p,t-1}, V_{2p,t-1}, V_{c,t-1}\}$, and the union is taken over all subsets $S \subseteq T$ and over all power allocation parameters $0 \le \alpha_1, \alpha_2 \le 1$. The compact rate region described by (R_1, R_2) can be straightforwardly obtained by performing Fourier-Motzkin elimination to remove the intermediate variables $R_{1p}, R_{2p}, R_c, R_{1c}$ and R_{2c} .

Proof: Proof outline.

Since $X_{1,t} - V_{c,t} - X_{2,t}$ form a Markov chain, by *sliding*



Fig. 3. Achievable rate region of AF+ANC, Noisy NC, and pDF+LNC, as well as the capacity outer bounds, with (right) and without (left) conferencing links. The benchmark is obtained from [24, Proposition 4] for a DF relay without source cooperation.

window joint decoding based on $(Y_{1,t}^{(n)}, Y_{1,t+1}^{(n)})$ at \mathcal{D}_1 and $(Y_{2,t}^{(n)}, Y_{2,t+1}^{(n)})$ at \mathcal{D}_2 , respectively, we will get

$$\sum_{k \in S} R_k < \min_{d \in \{1,2\}} I(V_t(S); Y_{d,t}Y_{d,t+1} | V_{t-1}(T)V_t(S^c)).$$
(16)

Now we will show that all the mutual information terms in (16) are simultaneously maximized by Gaussian distributed signals $V_{1p,t}, V_{2p,t}, V_{c,t}$. Note that for S=T and d=1 we have

$$I(V_{1p,t}V_{2p,t}V_{c,t};Y_{1,t}Y_{1,t+1}|V_{1p,t-1}V_{2p,t-1}V_{c,t-1}) = h(Y_{1,t},Y_{1,t+1}|V_{1p,t-1}V_{2p,t-1}V_{c,t-1}) - h(\tilde{Z}_{t}) - h(\sqrt{\gamma_{11}}X_{1,t+1} + \sqrt{\gamma_{21}}X_{2,t+1} + \tilde{Z}_{t+1}) \le \frac{1}{2}\log(|\boldsymbol{K}_{y}|) - \frac{1}{2}\log(\sigma_{1}^{2})$$

$$(17)$$

$$= \mathcal{C}\left(\frac{\gamma_{11} + \gamma_{21} + 2\sqrt{\gamma_{11}\gamma_{21}\alpha_{1}\alpha_{2}}}{1 + \beta^{2}\gamma_{r1}} + \frac{\beta^{2}\gamma_{r1}(\gamma_{1r} + \gamma_{2r} + 2\sqrt{\gamma_{1r}\gamma_{2r}\alpha_{1}\alpha_{2}})}{1 + \beta^{2}\gamma_{r1} + \gamma_{11} + \gamma_{2r} + 2\sqrt{\gamma_{1r}\gamma_{2r}\alpha_{1}\alpha_{2}}} + \frac{\beta^{2}\gamma_{r1}(1 - \alpha_{1}\alpha_{2})(\sqrt{\gamma_{11}\gamma_{2r}} - \sqrt{\gamma_{21}\gamma_{1r}})^{2}}{(1 + \beta^{2}\gamma_{r1})(1 + \beta^{2}\gamma_{r1} + \gamma_{11} + \gamma_{21} + 2\sqrt{\gamma_{11}\gamma_{21}\alpha_{1}\alpha_{2}})}\right),$$
(18)

where $\tilde{Z}_{1,t}$, t = 1, ..., B+1 are i.i.d. Gaussian with zero-mean and variance $\sigma_1^2 = 1 + \beta^2 \gamma_{r1}$, and K_y is the conditional covariance matrix of $(Y_{1,t}, Y_{1,t+1})$ given $(V_{1p,t-1}V_{2p,t-1}V_{c,t-1})$. The inequality in (17) comes from the *Maximum Entropy Lemma* and the *Entropy Power Inequality* [35], with equality achieved by the joint Gaussian distribution, and the equality in (18) is obtained by applying (14) into (1).

Following a similar procedure, we can show that all the mutual information items in (16) are simultaneously maximized by Gaussian distributions. Then it is straightforward to translate them to corresponding $C(\cdot)$ expressions, which are omitted here owing to space limitations.

VI. NUMERICAL RESULTS

We illustrate the new inner and outer bounds to the capacity region based on numerical computation, with channel SNR chosen heuristically. As stated in Sec. V-A, computation of the rate region of pDF+LNC requires a union operation over eight independent auxiliary variables and seven partial decoding combinations, making it hard to characterize the exact inner bound numerically. Unless stated otherwise, in the following results we simply set $\alpha_3 = \alpha_4 = 0$ and $\alpha_7 = \alpha_8 = 0$ in (9), i.e. no source-relay cooperation, to lower bound the performance of pDF+LNC.

The benefit of using the conferencing links has been illustrated in Fig. 3. Without source cooperation, achievable rates for AF/DF relaying based schemes are limited by noise propagation and decoding constraints when the source-relay link is poor. When source cooperation is possible, these constraints can be greatly reduced. The gap between outer and inner bounds is within 0.2 bits for no cooperation and within 0.3 bits for $C_{12}=C_{21}=0.5$ bits per channel use (bpcu). The difference between different outer bounds is within 0.01 bits in both cases. A benchmark scheme based on DF relaying with no source conferencing from [24, Proposition 4] with $R_3=0$ has been plotted in Fig. 3 (left) for reference. The gain of pDF+LNC (with source-relay cooperation) over the benchmark is due to partial decoding at the relay.

In Fig. 4 we compare the rate regions for weak/strong relaydestination links with asymmetric conferencing rates. With message exchange in AF+ANC, the transmitted signals by S_1 and S_2 contain the same codewords $U_t^{(n)}(W_{c,t})$, as shown in (14), which can coherently add up at the relay and destinations. The simple AF based scheme can therefore outperform noisy NC in some regions, where the coherent combining gain is dominant. The gap between inner and outer bounds is within 0.3 bits when the relay-destination links are weak, but decreases to within 0.1 bits for strong relay-destination links. The difference between different outer bounds is negligible.



Fig. 4. Achievable rate region of AF+ANC, Noisy NC, and pDF+LNC, as well as the capacity outer bounds, for channels setups with direct links $\gamma_{11} = 5$ dB and $\gamma_{22} = 10$ dB, cross-links $\gamma_{12} = \gamma_{21} = 0$ dB, source-relay links $\gamma_{1r} = \gamma_{2r} = 10$ dB and weak/strong relay-destination links, with asymmetric conferencing rates $C_{12} = 0.5$, $C_{21} = 0.1$ bits per channel use.

VII. CONCLUSION

We have studied the capacity region for a wireless multicast relay network with partially cooperating source nodes. We have provided two genie-aided outer bounds by introducing two new lemmas on conditional (co-)variance. We also have provided three cooperative relaying schemes, namely, noisy NC with source cooperation, partial DF relaying with LNC, and ANC. We have characterized the achievable rate regions and demonstrated that these can be greatly enlarged with the help of the conferencing links, especially for AF+ANC and pDF+LNC. The gap between inner and outer bounds is small, within 0.3 bits in the scenarios we have considered. By adaptively exploiting these cooperation schemes based on channel quality information, we may achieve a better inner bound and therefore a smaller gap. We have also pointed out the limitation of noisy NC on maximizing the sum-rate and shown that AF+ANC can even outperform noisy NC when the coherent combining gain is dominant.

APPENDIX A PROOF OF PROPOSITION 2

We first present two lemmas that will be used in our proof. Lemma 1: For random variables X, Y, Z on the same probability space, each with finite variance, and Y, Z are independent, we have

$$E[\operatorname{Var}(X|Y)] = E[\operatorname{Var}(X|Y,Z)] + E[\operatorname{Var}(E[X|Z]|Y)].$$

Proof:

$$\begin{split} E[\operatorname{Var}(X|Y)] &- E[\operatorname{Var}(X|Y,Z)] \\ &= E(E^2[X|Y,Z]) - E(E^2[X|Y]) \\ \stackrel{(a)}{=} E(T^2) - E(E^2[T|Y]) = E[\operatorname{Var}(T|Y)] \\ &= E[\operatorname{Var}(E[X|Y,Z]|Y)] \stackrel{(b)}{=} E[\operatorname{Var}(E[X|Z]|Y)], \end{split}$$

where (a) comes from variable substitution T = E[X|Y, Z] and the fact that E[T|Y] = E(E[X|Y, Z]|Y) = E[X|Y], and (b) is due to Var(E[X|Y=y, Z]|Y=y) = Var(E[X|Z]|Y=y). Lemma 2: For random variables X, Y, Z, U on the same probability space, each with finite variance, Z, U are independent and X - (Z, U) - Y is a Markov chain, then

$$E[\operatorname{Cov}(X, Y|Z)] = E[\operatorname{Cov}(E[X|U], E[Y|U]|Z)].$$

Proof:

$$\begin{split} E[\operatorname{Cov}(X,Y|Z)] &= E(XY) - E(E[X|Z]E[Y|Z]) \\ &= E(E[XY|Z,U]) - E(E(E[X|Z,U]|Z)E(E[Y|Z,U]|Z)) \\ \stackrel{(c)}{=} E[\operatorname{Cov}(E[X|Z,U],E[Y|Z,U]|Z)] \end{split}$$

 $\stackrel{(d)}{=} E[\operatorname{Cov}(E[X|U], E[Y|U]|Z)],$

where (c) is due to Markovicity and (d) comes from Cov(E[X|z, U], E[Y|z, U]|z) = Cov(E[X|U], E[Y|U]|z). Now we are ready to prove Proposition 2. Note that

$$\frac{1}{n} \sum_{i=1}^{n} E[E^2(X_{1,i}|X_{r,i})] \le \frac{1}{n} \sum_{i=1}^{n} E[E(X_{1,i}^2|X_{r,i})]$$
$$= \frac{1}{n} \sum_{i=1}^{n} E[X_{1,i}^2] \le 1,$$

we introduce an auxiliary variable $\alpha_1 \in [0, 1]$ as in [16], [32], [33] such that

$$\bar{\alpha}_1 = 1 - \alpha_1 = \frac{1}{n} \sum_{i=1}^n E[E^2(X_{1,i}|X_{r,i})].$$
 (19)

It is easy to show that

$$\frac{1}{n} \sum_{i=1}^{n} E[\operatorname{Var}(X_{1,i}|X_{r,i})] \\
= \frac{1}{n} \sum_{i=1}^{n} E[X_{1,i}^2] - \frac{1}{n} \sum_{i=1}^{n} E[E^2(X_{1,i}|X_{r,i})] \le \alpha_1, \quad (20)$$

where the inequality comes from the power constraint (2).

With the help of the genie, we have $X_1 - (X_r, X_s) - X_2$ with X_r independent of X_s . By Lemma 1 and the fact that $E[\operatorname{Var}(X_1|X_rX_s)] \leq E[\operatorname{Var}(X_1|X_r)]$, we define $\rho_1 \in [0, 1]$ with $\bar{\rho}_1 = 1 - \rho_1$ such that

$$\frac{1}{n} \sum_{i=1}^{n} E[\operatorname{Var}(X_{1,i}|X_{r,i}X_{s,i})] = \bar{\rho}_1 \alpha_1,
\frac{1}{n} \sum_{i=1}^{n} E[\operatorname{Var}(E[X_{1,i}|X_{s,i}]|X_{r,i})] \le \rho_1 \alpha_1.$$
(21)

Similarly, we can define $\alpha_2, \rho_2 \in [0,1]$ with $\bar{\alpha}_2=1-\alpha_2$, $\bar{\rho}_2=1-\rho_2$ such that

$$\frac{1}{n} \sum_{i=1}^{n} E[E^2(X_{2,i}|X_{r,i})] = \bar{\alpha}_2,$$

$$\frac{1}{n} \sum_{i=1}^{n} E[\operatorname{Var}(X_{2,i}|X_{r,i})] \le \alpha_2,$$
(22)

and

$$\frac{1}{n} \sum_{i=1}^{n} E[\operatorname{Var}(X_{2,i}|X_{r,i}X_{s,i})] = \bar{\rho}_2 \alpha_2,$$

$$\frac{1}{n} \sum_{i=1}^{n} E\operatorname{Var}(E[X_{2,i}|X_{s,i}]|X_{r,i}) \le \rho_2 \alpha_2.$$
(23)

Since $\operatorname{Cov}(X, Y) \leq \sqrt{\operatorname{Var}(X)\operatorname{Var}(Y)}$, we have

$$\frac{1}{n} \sum_{i=1}^{n} \operatorname{Cov}[E(X_{1,i}|X_{r,i}), E(X_{2,i}|X_{r,i})] \\
\leq \frac{1}{n} \sum_{i=1}^{n} \sqrt{\operatorname{Var}[E(X_{1,i}|X_{r,i})]\operatorname{Var}[E(X_{2,i}|X_{r,i})]} \\
\leq \sqrt{\frac{1}{n} \sum_{i=1}^{n} \operatorname{Var}[E(X_{1,i}|X_{r,i})] \frac{1}{n} \sum_{i=1}^{n} \operatorname{Var}[E(X_{2,i}|X_{r,i})]} \\
\leq \sqrt{\bar{\alpha}_1 \bar{\alpha}_2},$$
(24)

where the second inequality is by the Cauchy–Schwarz inequality, and the last inequality is due to $Var(X) \leq E(X^2)$ with substitution of (19) and (22). Applying the same procedure, we can further obtain

$$\frac{1}{n}\sum_{i=1}^{n}\operatorname{Cov}(X_{1,i}, X_{r,i}) = \frac{1}{n}\sum_{i=1}^{n}\operatorname{Cov}(E[X_{1,i}|X_{r,i}], X_{r,i}) \le \sqrt{\overline{\alpha}_1},$$
(25)

$$\frac{1}{n}\sum_{i=1}^{n}\operatorname{Cov}(X_{2,i}, X_{r,i}) = \frac{1}{n}\sum_{i=1}^{n}\operatorname{Cov}(E[X_{2,i}|X_{r,i}], X_{r,i}) \le \sqrt{\bar{\alpha}_2},$$
(26)

$$\frac{1}{n} \sum_{i=1}^{n} E[\operatorname{Cov}(X_{1,i}, X_{2,i} | X_{r,i})] \\
= \frac{1}{n} \sum_{i=1}^{n} E[\operatorname{Cov}(E(X_{1,i} | X_{s,i}), E(X_{2,i} | X_{s,i}) | X_{r,i})] \\
\leq \frac{1}{n} \sum_{i=1}^{n} \sqrt{E[\operatorname{Var}(E[X_{1,i} | X_{s,i}] | X_{r,i})]E[\operatorname{Var}(E[X_{2,i} | X_{s,i}] | X_{r,i})]} \\
\leq \sqrt{\rho_1 \rho_2 \alpha_1 \alpha_2},$$
(27)

where the equality in (27) is due to Lemma 2. By the *Law of total covariance* [40], we have

$$\operatorname{Cov}(X,Y) = E[\operatorname{Cov}(X,Y|Z)] + \operatorname{Cov}(E[X|Z],E[Y|Z]),$$

which, combined with (27) and (24), leads to

$$\frac{1}{n}\sum_{i=1}^{n}\operatorname{Cov}(X_{1,i}, X_{2,i}) \le \sqrt{\rho_1\rho_2\alpha_1\alpha_2} + \sqrt{\bar{\alpha}_1\bar{\alpha}_2}.$$
 (28)

Similar to (27), we can obtain by Lemma 2 that

$$\frac{1}{n} \sum_{i=1}^{n} E[\operatorname{Cov}(X_{1,i}, X_{2,i} | X_{s,i})]$$

$$= \frac{1}{n} \sum_{i=1}^{n} E[\operatorname{Cov}(E(X_{1,i} | X_{r,i}), E(X_{2,i} | X_{r,i}) | X_{s,i})]$$

$$\leq \frac{1}{n} \sum_{i=1}^{n} \sqrt{E[\operatorname{Var}(E(X_{1,i} | X_{r,i}) | X_{s,i})] E[\operatorname{Var}(E(X_{2,i} | X_{r,i}) | X_{s,i})]}$$

$$\leq \frac{1}{n} \sum_{i=1}^{n} \sqrt{E(E^{2}(X_{1,i} | X_{r,i})) E(E^{2}(X_{2,i} | X_{r,i}))} \leq \sqrt{\bar{\alpha}_{1} \bar{\alpha}_{2}},$$
(29)

where the second inequality comes from

$$E[\operatorname{Var}(X|Z)] = E(X^2) - E(E^2(X|Z)) \le E(X^2).$$
(30)

By Lemma 1 and (30), we can obtain

$$\frac{1}{n} \sum_{i=1}^{n} E[\operatorname{Var}(X_{1,i}|X_{s,i})]$$

$$= \frac{1}{n} \sum_{i=1}^{n} E[\operatorname{Var}(X_{1,i}|X_{r,i}, X_{s,i})] + E[\operatorname{Var}(E[X_{1,i}|X_{r,i}]|X_{s,i})]$$

$$\leq \frac{1}{n} \sum_{i=1}^{n} E[\operatorname{Var}(X_{1,i}|X_{r,i}, X_{s,i})] + \frac{1}{n} \sum_{i=1}^{n} E(E^{2}[X_{1,i}|X_{r,i}])$$

$$\leq \bar{\rho}_{1}\alpha_{1} + \bar{\alpha}_{1},$$
(31)

and

$$\frac{1}{n} \sum_{i=1}^{n} E[\operatorname{Var}(X_{2,i}|X_{s,i})] \le \bar{\rho}_2 \alpha_2 + \bar{\alpha}_2.$$
(32)

By symmetry, we only need to bound the following six mutual information constraints in (3) (the rest can be bounded using the same method, and the dimension super script $^{(n)}$ is suppressed hereafter to simplify the notation):

$$I(X_1X_2; Y_1Y_r|X_r), I(X_1X_2X_r; Y_1|X_s), I(X_1X_r; Y_1|X_2X_s), I(X_1X_2X_r; Y_1), I(X_1X_2; Y_1Y_r|X_rX_s), I(X_1; Y_1Y_r|X_2X_rX_s).$$
Since

$$\begin{split} \operatorname{Var}[Y_{1,i}] &= 1 + \gamma_{11}\operatorname{Var}[X_{1,i}] + \gamma_{21}\operatorname{Var}[X_{2,i}] + \gamma_{r1}\operatorname{Var}[X_{r,i}] \\ &+ 2\sqrt{\gamma_{11}\gamma_{21}}\operatorname{Cov}(X_{1,i},X_{2,i}) + 2\sqrt{\gamma_{11}\gamma_{r1}}\operatorname{Cov}(X_{1,i},X_{r,i}) \\ &+ 2\sqrt{\gamma_{21}\gamma_{r1}}\operatorname{Cov}(X_{2,i},X_{r,i}), \end{split}$$

we can apply (25), (26), (28) and obtain

$$\frac{1}{n}I(X_{1}X_{2}X_{r};Y_{1}) = \frac{1}{n}h(Y_{1}) - \frac{1}{2}\log(2\pi e)$$

$$\leq \frac{1}{2}\log(\frac{1}{n}\sum_{i=1}^{n}\operatorname{Var}[Y_{1,i}])$$

$$\leq \mathcal{C}(\gamma_{11} + \gamma_{21} + \gamma_{r1} + 2\sqrt{\bar{\alpha}_{1}\gamma_{11}\gamma_{r1}} + 2\sqrt{\bar{\alpha}_{2}\gamma_{21}\gamma_{r1}} + 2\sqrt{\gamma_{11}\gamma_{21}}(\sqrt{\rho_{1}\rho_{2}\alpha_{1}\alpha_{2}} + \sqrt{\bar{\alpha}_{1}\bar{\alpha}_{2}})),$$
(33)

with the first inequality obtained as follows

$$\begin{split} \frac{1}{n}h(Y_1) &\leq \frac{1}{n}\sum_{i=1}^n h(Y_{1,i}) \leq \frac{1}{2n}\sum_{i=1}^n \log(2\pi e \operatorname{Var}[Y_{1,i}]) \\ &\leq \frac{1}{2}\log(\frac{2\pi e}{n}\sum_{i=1}^n \operatorname{Var}[Y_{1,i}]), \end{split}$$

where the second inequality is due to the maximum entropy lemma [35] and the last step follows from Jensen's inequality. Similarly, by the fact that

$$Cov(X_1, X_r) = E[Cov(X_1, X_r | X_s)] + Cov(E(X_1 | X_s), E(X_r))$$
$$= E[Cov(X_1, X_r | X_s)],$$

and

$$\begin{split} E[\operatorname{Var}(Y_{1,i}|X_{s,i})] &= 1 + \gamma_{r1}\operatorname{Var}(X_{r,i}) + \gamma_{11}E[\operatorname{Var}(X_{1,i}|X_{s,i})] \\ &+ \gamma_{21}E[\operatorname{Var}(X_{2,i}|X_{s,i})] + 2\sqrt{\gamma_{11}\gamma_{21}}E[\operatorname{Cov}(X_{1,i},X_{2,i}|X_{s,i})] \\ &+ 2\sqrt{\gamma_{11}\gamma_{r1}}E[\operatorname{Cov}(X_{1,i},X_{r,i}|X_{s,i})] \\ &+ 2\sqrt{\gamma_{21}\gamma_{r1}}E[\operatorname{Cov}(X_{2,i},X_{r,i}|X_{s,i})], \end{split}$$

we can obtain

$$\frac{1}{n}I(X_{1}X_{2}X_{r};Y_{1}|X_{s}) = \frac{1}{n}h(Y_{1}|X_{s}) - \frac{1}{2}\log(2\pi e) \quad (34)$$

$$\leq \frac{1}{2}\log(\frac{1}{n}\sum_{i=1}^{n}E\operatorname{Var}[Y_{1,i}|X_{s,i}])$$

$$\leq \mathcal{C}(\gamma_{11}(\bar{\alpha}_{1}+\bar{\rho}_{1}\alpha_{1})+\gamma_{21}(\bar{\alpha}_{2}+\bar{\rho}_{2}\alpha_{2})+\gamma_{r1}+2\sqrt{\gamma_{11}\gamma_{21}\bar{\alpha}_{1}\bar{\alpha}_{2}}$$

$$+2\sqrt{\gamma_{11}\gamma_{r1}\bar{\alpha}_{1}}+2\sqrt{\gamma_{21}\gamma_{r1}\bar{\alpha}_{2}}).$$

Similarly we can obtain

$$\begin{split} E[\operatorname{Var}(Y_{1,i}|X_{2,i}X_{s,i})] &= 1 + E[\operatorname{Var}(\sqrt{\gamma_{11}}X_{1,i} + \sqrt{\gamma_{r1}}X_{r,i}|X_{2,i}X_{s,i})] \\ &= 1 + E[\operatorname{Var}(\sqrt{\gamma_{11}}X_{1,i} + \sqrt{\gamma_{r1}}X_{r,i}|X_{r,i}X_{2,i}X_{s,i})] \\ &+ E[\operatorname{Var}(E(\sqrt{\gamma_{11}}X_{1,i} + \sqrt{\gamma_{r1}}X_{r,i}|X_{r,i})|X_{2,i}X_{s,i})]] \\ &\leq 1 + \gamma_{11}(E[\operatorname{Var}(X_{1,i}|X_{r,i}X_{s,i})] + E[E^2(X_{1,i}|X_{r,i})]) \\ &+ \gamma_{r1}E(X_{r,i}^2) + 2\sqrt{\gamma_{11}\gamma_{r1}}E(X_{r,i}E(X_{1,i}|X_{r,i})), \end{split}$$

where the second equality is due to Lemma 1 and the inequality is from (30). After applying the Cauchy–Schwarz inequality and power constraints, we can obtain

$$\frac{1}{n}I(X_1X_r;Y_1|X_2X_s) \le \frac{1}{2}\log\left(\frac{1}{n}\sum_{i=1}^n E\operatorname{Var}[Y_{1,i}|X_{2i}X_{s,i}]\right) \le \mathcal{C}(\gamma_{11}(\bar{\rho}_1\alpha_1 + \bar{\alpha}_1) + \gamma_{r1} + 2\sqrt{\gamma_{11}\gamma_{r1}\bar{\alpha}_1}).$$

Let A_i be the conditional covariance matrix of $(Y_{1,i}, Y_{r,i})$ given $X_{r,i}$, then

$$\begin{aligned} \left| \frac{1}{n} \sum_{i=1}^{n} A_{i} \right| &= 1 + (\gamma_{11} + \gamma_{1r}) \frac{1}{n} \sum_{i=1}^{n} E[\operatorname{Var}(X_{1,i}|X_{r,i})] \\ &+ \frac{(\gamma_{21} + \gamma_{2r})}{n} \sum_{i=1}^{n} E[\operatorname{Var}(X_{2,i}|X_{r,i})] + (\sqrt{\gamma_{11}\gamma_{2r}} - \sqrt{\gamma_{21}\gamma_{1r}})^{2} \\ &\times \frac{1}{n} \sum_{i=1}^{n} E[\operatorname{Var}(X_{1,i}|X_{r,i})] \times \frac{1}{n} \sum_{j=1}^{n} E[\operatorname{Var}(X_{2,j}|X_{r,j})] \\ &+ 2(\sqrt{\gamma_{11}\gamma_{21}} + \sqrt{\gamma_{1r}\gamma_{2r}}) \frac{1}{n} \sum_{i=1}^{n} E[\operatorname{Cov}(X_{1,i}, X_{2,i}|X_{r,i})] \\ &- (\sqrt{\gamma_{11}\gamma_{2r}} - \sqrt{\gamma_{21}\gamma_{1r}})^{2} \left(\frac{1}{n} \sum_{i=1}^{n} E[\operatorname{Cov}(X_{1,i}, X_{2,i}|X_{r,i})] \right)^{2} \\ &\leq 1 + (\gamma_{11} + \gamma_{1r})\alpha_{1} + 2(\sqrt{\gamma_{11}\gamma_{21}} + \sqrt{\gamma_{1r}\gamma_{2r}})\lambda_{1}\sqrt{\rho_{1}\rho_{2}\alpha_{1}\alpha_{2}} \\ &+ (\gamma_{21} + \gamma_{2r})\alpha_{2} + (\sqrt{\gamma_{11}\gamma_{2r}} - \sqrt{\gamma_{21}\gamma_{1r}})^{2}\alpha_{1}\alpha_{2}(1 - \lambda_{1}^{2}\rho_{1}\rho_{2}), \end{aligned}$$

where $\lambda_1 \in [0, 1]$ is a maximization parameter defined by

$$\lambda_1 = \min\{1, \frac{\sqrt{\gamma_{11}\gamma_{21}} + \sqrt{\gamma_{1r}\gamma_{2r}}}{(\sqrt{\gamma_{11}\gamma_{2r}} - \sqrt{\gamma_{21}\gamma_{1r}})^2\sqrt{\rho_1\rho_2\alpha_1\alpha_2}}\}$$

with $\lambda_1=1$ if $\alpha_1\alpha_2\rho_1\rho_2=0$. We can therefore bound the following mutual information terms

$$\frac{1}{n}I(X_1X_2;Y_1Y_r|X_r) \le \frac{1}{2}\log\left(\left|\frac{1}{n}\sum_{i=1}^n A_i\right|\right)$$
(35)

$$\leq \mathcal{C}\left((\gamma_{11}+\gamma_{1r})\alpha_1+(\sqrt{\gamma_{11}\gamma_{2r}}-\sqrt{\gamma_{21}\gamma_{1r}})^2\alpha_1\alpha_2(1-\lambda_1^2\rho_1\rho_2)\right.\\\left.+(\gamma_{21}+\gamma_{2r})\alpha_2+2(\sqrt{\gamma_{11}\gamma_{21}}+\sqrt{\gamma_{1r}\gamma_{2r}})\lambda_1\sqrt{\rho_1\rho_2\alpha_1\alpha_2}\right).$$

Similarly, let B_i and C_i be the conditional covariance matrix of $(Y_{1,i}, Y_{r,i})$ given $(X_{r,i}, X_{s,i})$ and given $(X_{2,i}, X_{r,i}, X_{s,i})$, respectively, we have

$$\begin{aligned} &|\frac{1}{n}\sum_{i=1}^{n}\boldsymbol{B}_{i}| = 1 + (\gamma_{11} + \gamma_{1r})\frac{1}{n}\sum_{i=1}^{n}E[\operatorname{Var}(X_{1,i}|X_{r,i}X_{s,i})] + \\ &\frac{(\gamma_{21} + \gamma_{2r})}{n}\sum_{i=1}^{n}E[\operatorname{Var}(X_{2,i}|X_{r,i}X_{s,i})] + (\sqrt{\gamma_{11}\gamma_{2r}} - \sqrt{\gamma_{21}\gamma_{1r}})^{2} \\ &\times \frac{1}{n}\sum_{i=1}^{n}E[\operatorname{Var}(X_{1,i}|X_{r,i}X_{s,i})]\frac{1}{n}\sum_{j=1}^{n}E[\operatorname{Var}(X_{2,j}|X_{r,j}X_{s,j})], \end{aligned}$$

and

$$|\frac{1}{n}\sum_{i=1}^{n} C_{i}| = 1 + (\gamma_{11} + \gamma_{1r})\frac{1}{n}\sum_{i=1}^{n} E[\operatorname{Var}(X_{1,i}|X_{r,i}X_{s,i})].$$

We can therefore bound the following terms

$$\frac{1}{n}I(X_{1}X_{2};Y_{1}Y_{r}|X_{r}X_{s}) \leq \frac{1}{2}\log\left(\left|\frac{1}{n}\sum_{i=1}^{n}\boldsymbol{B}_{i}\right|\right) \quad (36)$$

$$\leq \mathcal{C}((\gamma_{11}+\gamma_{1r})\bar{\rho}_{1}\alpha_{1}+(\gamma_{21}+\gamma_{2r})\bar{\rho}_{2}\alpha_{2} + (\sqrt{\gamma_{11}\gamma_{2r}}-\sqrt{\gamma_{21}\gamma_{1r}})^{2}\bar{\rho}_{1}\bar{\rho}_{2}\alpha_{1}\alpha_{2}),$$

$$\frac{1}{n}I(X_{1};Y_{1}Y_{r}|X_{2}X_{r}X_{s}) \leq \frac{1}{2}\log\left(\left|\frac{1}{n}\sum_{i=1}^{n}\boldsymbol{C}_{i}\right|\right) \\ \leq \mathcal{C}\left((\gamma_{11}+\gamma_{1r})\bar{\rho}_{1}\alpha_{1}\right). \quad (37)$$

Using the similar procedures as we demonstrated above, we may bound the remaining inequalities in (3), and combining all the results and let $n \rightarrow \infty$, we obtain (4).

APPENDIX B Proof of Proposition 3

As in Appendix A, we first introduce auxiliary random variables $\alpha_1, \alpha_2, \rho_1 \in [0, 1]$ such that

$$\bar{\alpha}_{1} = \frac{1}{n} \sum_{i=1}^{n} E[E^{2}(X_{1,i}|X_{r,i})],$$
$$\bar{\alpha}_{2} = \frac{1}{n} \sum_{i=1}^{n} E[E^{2}(X_{2,i}|X_{r,i})],$$
$$\bar{\rho}_{1}\alpha_{1} = \frac{1}{n} \sum_{i=1}^{n} E[\operatorname{Var}(X_{1,i}|X_{r,i}X_{s,i})],$$

we can thus obtain (20)–(22), (24)–(26) and (29) as in Appendix A. Since

$$\begin{aligned} &\frac{1}{n} \sum_{i=1}^{n} E[\text{Cov}(X_{1,i}, X_{2,i} | X_{r,i})] \\ &\leq \sqrt{\frac{1}{n} \sum_{i=1}^{n} E[\text{Var}(X_{1,i} | X_{r,i})] \frac{1}{n} \sum_{j=1}^{n} E[\text{Var}(X_{2,j} | X_{r,j})]} \\ &\leq \sqrt{\alpha_1 \alpha_2}, \end{aligned}$$

we can introduce an auxiliary variable $\rho \in [0, 1]$ such that

$$\frac{1}{n}\sum_{i=1}^{n} E[\text{Cov}(X_{1,i}, X_{2,i}|X_{r,i})] = \rho\sqrt{\alpha_1\alpha_2}.$$
 (38)

On the other hand, we can obtain from (27) that

$$\begin{split} & \frac{1}{n} \sum_{i=1}^{n} E[\text{Cov}(X_{1,i}, X_{2,i} | X_{r,i})] \\ & \leq \sqrt{\frac{1}{n} \sum_{i=1}^{n} E[\text{Var}(E(X_{1,i} | X_{s,i}) | X_{r,i})]} \\ & \times \sqrt{\frac{1}{n} \sum_{i=1}^{n} E[\text{Var}(E(X_{2,i} | X_{s,i}) | X_{r,i})]} \end{split}$$

which leads to the following observations

$$\alpha_1 \rho^2 \le \frac{1}{n} \sum_{i=1}^n E[\operatorname{Var}(E(X_{1,i}|X_{s,i})|X_{r,i})] \le \rho_1 \alpha_1, \quad (39)$$

$$\alpha_2 \rho^2 / \rho_1 \le \frac{1}{n} \sum_{i=1}^n E[\operatorname{Var}(E(X_{2,i}|X_{s,i})|X_{r,i})] \le \alpha_2, \quad (40)$$

$$\frac{1}{n} \sum_{i=1}^{n} E[\operatorname{Var}(X_{2,i} | X_{r,i} X_{s,i})] \le (1 - \rho^2 / \rho_1) \alpha_2, \quad (41)$$

where $\rho^2/\rho_1 = 0$ when $\rho = \rho_1 = 0$.

Now, by following the same procedure as in Appendix A, replacing ρ_2 by ρ^2/ρ_1 , and bounding

$$\left|\frac{1}{n}\sum_{i=1}^{n} \mathbf{A}_{i}\right| \leq 1 + (\sqrt{\gamma_{11}\gamma_{2r}} - \sqrt{\gamma_{21}\gamma_{1r}})^{2}\alpha_{1}\alpha_{2}(1-\rho^{2}) + (\gamma_{11}+\gamma_{1r})\alpha_{1} + (\gamma_{21}+\gamma_{2r})\alpha_{2} + 2(\sqrt{\gamma_{11}\gamma_{21}} + \sqrt{\gamma_{1r}\gamma_{2r}})\rho\sqrt{\alpha_{1}\alpha_{2}}$$

we can obtain (5).

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