

Lecture 3

Optimal First-order Methods

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Lower Complexity Bound (Lipschitz Gradient)

- Consider a class $\mathcal{F}_L(\mathbb{R}^n)$ of convex functions that are
 - Continuously differentiable
 - Lipschitz continuous gradient with Lipschitz constant $L > 0$
- Use iterative first-order method \mathcal{M}

$$x_k \in x_0 + \text{Lin}\{\nabla f(x_0), \dots, \nabla f(x_{k-1})\}, \forall k \geq 1$$

- Goal: find a function $f \in \mathcal{F}_L(\mathbb{R}^n)$ that is “bad” for all \mathcal{M} (lower bound on convergence rate)

Lower Complexity Bound (Lipschitz Gradient)

- Let $L > 0$. Consider the family of quadratic functions $f_k : \mathbb{R}^n \rightarrow \mathbb{R}$

$$f_k(x) = \frac{L}{4} \left\{ \frac{1}{2} [(x^{(1)})^2 + \sum_{i=1}^{k-1} (x^{(i)} - x^{(i+1)})^2 + (x^{(k)})^2] - x^{(1)} \right\}, \quad k = 1, \dots, n.$$

- $0 \leq \nabla^2 f_k(x) \leq LI \Rightarrow f_k \in \mathcal{F}_L$

- $\nabla^2 f_k(x) = \frac{L}{4} A_k$, where $A_k = \left(\begin{array}{cccc} 2 & -1 & 0 & \\ -1 & 2 & -1 & 0 \\ 0 & -1 & 2 & \\ \vdots & & & \vdots \\ 0 & & -1 & 2 & -1 \\ & & 0 & -1 & 2 \\ & & & & 0_{n-k,k} & & 0_{n-k,n-k} \end{array} \right) \left. \vphantom{\begin{array}{c} \\ \\ \\ \\ \\ \\ \\ \\ \\ \end{array}} \right\} k \text{ lines}$

- $\nabla f_k(x) = \frac{L}{4} (A_k x - e_1)$

- $\nabla f_k(x_k^*) = 0 \Rightarrow x_k^* = \begin{cases} 1 - \frac{i}{k+1}, & i = 1, \dots, k, \\ 0, & i = k+1, \dots, n \end{cases}$

$$f^* = \frac{L}{8} \left(-1 + \frac{1}{k+1} \right)$$

Lower Complexity Bound (Lipschitz Gradient)

Theorem: For any k , $1 \leq k \leq \frac{1}{2}(n-1)$ and any $x_0 \in \mathbb{R}^n$, there exists a function $f \in \mathcal{F}_L(\mathbb{R}^n)$ such that for any \mathcal{M} ,

$$f(x_k) - f^* \geq \frac{3L\|x_0 - x^*\|^2}{32(k+1)^2},$$

$$\|x_k - x^*\|^2 \geq \frac{1}{32}\|x_0 - x^*\|^2$$

Proof (Sketch). Without loss of generality, assume $x_0 = 0$. Fix k , $1 \leq k \leq \frac{1}{2}(n-1)$ and apply \mathcal{M} to $f = f_{2k+1}$, generating $\{x_k\}_{k=1}^\infty$. Thus, $x^* = x_{2k+1}^*$ and $f^* = f_{2k+1}^*$.

- Denote $R^{\ell,n} = \{x \in \mathbb{R}^n : x^{(i)} = 0, \ell+1 \leq i \leq n\}$. Let $p \in \{1, 2, \dots, n\}$. Prove (by induction) that for any $\{y_\ell\}_{\ell=0}^p$ where $y_0 = 0$ and each $y_\ell \in \mathcal{L}_\ell \triangleq \text{Lin}\{\nabla f_p(y_0), \dots, \nabla f_p(y_{\ell-1})\}$, we have $\mathcal{L}_\ell \subset R^{\ell,n} \forall \ell \in \{0, 1, \dots, p\}$.

$$\Rightarrow f_p(y_\ell) = f_\ell(y_\ell) \geq f_\ell^*.$$

- Prove that $\|x_\ell^*\|^2 \leq \frac{\ell+1}{3} \forall \ell \in \{1, 2, \dots, n\}$.

With the above,

$$\frac{f(x_k) - f^*}{\|x_0 - x^*\|^2} \geq \frac{f_k^* - f_{2k+1}^*}{\|x_{2k+1}^*\|^2} \geq \frac{f_k^* - f_{2k+1}^*}{(2k+2)/3} \Rightarrow \text{1st inequality.}$$

$$\|x_k - x^*\|^2 \geq \sum_{i=k+1}^{2k+1} (x_k^{(i)} - x_{2k+1}^{*(i)})^2 = \sum_{i=k+1}^{2k+1} (x_{2k+1}^{*(i)})^2 \Rightarrow \text{2nd inequality.}$$

Lower Complexity Bound (Strongly Convex + Lipschitz Gradient)

- Consider a class $\mathcal{S}_{\mu,L}(\mathbb{R}^n)$ of functions that belong to $\mathcal{F}_L(\mathbb{R}^n)$ and are strongly convex with convexity parameter $\mu > 0$
- Let $Q_f = L/\mu$. Consider $f_{\mu,Q_f} : \mathbb{R}^\infty \rightarrow \mathbb{R}$

$$f_{\mu,Q_f}(x) = \frac{\mu(Q_f - 1)}{4} \left\{ \frac{1}{2}[(x^{(1)})^2 + \sum_{i=1}^{\infty} (x^{(i)} - x^{(i+1)})^2] - x^{(1)} \right\} + \frac{1}{2}\mu \|x\|^2.$$

- $\nabla^2 f_{\mu,Q_f} = \frac{\mu(Q_f-1)}{4}A + \mu I$, where $A = \begin{pmatrix} 2 & -1 & 0 & & \\ -1 & 2 & -1 & 0 & \\ 0 & -1 & 2 & & \\ & 0 & & \dots & \end{pmatrix}$.
- $\mu I \leq \nabla^2 f_{\mu,Q_f}(x) \leq LI \Rightarrow f_{\mu,Q_f} \in \mathcal{S}_{\mu,L}$, with condition number Q_f
- $\nabla f_{\mu,Q_f}(x) = \left(\frac{\mu(Q_f-1)}{4}A + \mu I \right)x - \frac{\mu(Q_f-1)}{4}e_1$
- Let $q = \frac{\sqrt{Q_f-1}}{\sqrt{Q_f+1}}$ and $x^* \in \mathbb{R}^\infty$ be such that $x^{*(i)} = q^i$. Then, $\nabla f_{\mu,Q_f}(x^*) = 0$.

Lower Complexity Bound (Strongly Convex + Lipschitz Gradient)

Theorem: For any $x_0 \in \mathbb{R}^\infty$, there exists $f \in \mathcal{S}_{\mu,L}(\mathbb{R}^\infty)$ s.t. for any \mathcal{M} ,

$$\|x_k - x^*\|^2 \geq \left(\frac{\sqrt{Q_f} - 1}{\sqrt{Q_f} + 1} \right)^{2k} \|x_0 - x^*\|^2,$$
$$f(x_k) - f^* \geq \frac{\mu}{2} \left(\frac{\sqrt{Q_f} - 1}{\sqrt{Q_f} + 1} \right)^{2k} \|x_0 - x^*\|^2.$$

Proof (Sketch). WLOG, assume $x_0 = 0$. Let $f = f_{\mu,Q_f}$.

Next, prove by induction that $x_k \in R^{k,\infty}$. Consequently,

$$\|x_k - x^*\|^2 \geq \sum_{i=k+1}^{\infty} (x_k^{(i)} - x^{*(i)})^2 = \sum_{i=k+1}^{\infty} (x^{*(i)})^2 = \sum_{i=k+1}^{\infty} q^{2i} = \frac{q^{2(k+1)}}{1 - q^2}.$$

Also,

$$\|x_0 - x^*\|^2 = \sum_{i=1}^{\infty} (x^{*(i)})^2 = \sum_{i=1}^{\infty} q^{2i} = \frac{q^2}{1 - q^2}.$$

Therefore, $\|x_k - x^*\|^2 \geq q^{2k} \|x_0 - x^*\|^2$, i.e., the 1st inequality holds. The 2nd inequality comes from the strong convexity of f .

Estimate Sequence

- A pair of sequences $\{\phi_k(x)\}_{k=0}^{\infty}$ and $\{\lambda_k\}_{k=0}^{\infty}$, $\lambda_k > 0$ is an *estimate sequence* of $f(x)$ if
 - $\lambda_k \rightarrow 0$.
 - $\forall x \in \mathbb{R}^n, \forall k \geq 0, \phi_k(x) \leq (1 - \lambda_k)f(x) + \lambda_k\phi_0(x)$.
- For any $\{x_k\}_{k=0}^{\infty}$, if $f(x_k) \leq \phi_k^* \triangleq \min_{x \in \mathbb{R}^n} \phi_k(x) \forall k \geq 0$, then $f(x_k) - f^* \leq \lambda_k(\phi_0(x^*) - f^*) \rightarrow 0$.
 - Convergence rate of $\{\lambda_k\}_{k=0}^{\infty} \Rightarrow$ convergence rate of $\{x_k\}_{k=0}^{\infty}$
- Consider $f \in \mathcal{S}_{\mu,L}(\mathbb{R}^n)$
 - Allow $\mu = 0$ ($\mathcal{S}_{0,L}(\mathbb{R}^n) = \mathcal{F}_L(\mathbb{R}^n)$)
- **Task #1:** Construct an estimate sequence $(\{\phi_k(x)\}_{k=0}^{\infty}, \{\lambda_k\}_{k=0}^{\infty})$
- **Task #2:** Form $\{x_k\}_{k=0}^{\infty}$ that satisfies $f(x_k) \leq \phi_k^*$

Task #1

- Let ϕ_0 be an arbitrary function and $\{y_k\}_{k=0}^{\infty}$ be an arbitrary sequence. Also let $\{\alpha_k\}_{k=0}^{\infty}$ be s.t. $\alpha_k \in (0, 1)$, $\sum_{k=0}^{\infty} \alpha_k = \infty$. Then, $\{\phi_k(x)\}_{k=0}^{\infty}$ and $\{\lambda_k\}_{k=0}^{\infty}$ defined as follows is an estimate sequence:

$$\lambda_0 = 1,$$

$$\lambda_{k+1} = (1 - \alpha_k)\lambda_k,$$

$$\phi_{k+1}(x) = (1 - \alpha_k)\phi_k(x) + \alpha_k \left(f(y_k) + \nabla f(y_k)^T (x - y_k) + \frac{\mu}{2} \|x - y_k\|^2 \right).$$

- Let $\phi_0(x) = \phi_0^* + \frac{\gamma_0}{2} \|x - v_0\|^2$, $\gamma_0 > 0$. Then, $\phi_k(x) = \phi_k^* + \frac{\gamma_k}{2} \|x - v_k\|^2$, where

$$\gamma_{k+1} = (1 - \alpha_k)\gamma_k + \alpha_k \mu,$$

$$v_{k+1} = \frac{1}{\gamma_{k+1}} \left((1 - \alpha_k)\gamma_k v_k + \alpha_k \mu y_k - \alpha_k \nabla f(y_k) \right),$$

$$\begin{aligned} \phi_{k+1}^* &= (1 - \alpha_k)\phi_k^* + \alpha_k f(y_k) - \frac{\alpha_k^2}{2\gamma_{k+1}} \|\nabla f(y_k)\|^2 \\ &\quad + \frac{\alpha_k(1 - \alpha_k)\gamma_k}{\gamma_{k+1}} \left(\frac{\mu}{2} \|y_k - v_k\|^2 + \nabla f(y_k)^T (v_k - y_k) \right). \end{aligned}$$

Task #2

■ Given $x_0 \in \mathbb{R}^n$, let $v_0 = x_0$ and $\phi_0^* = f(x_0)$. Then, $f(x_0) = \phi_0^*$.

■ Let $k \geq 0$. Suppose we already have x_k s.t. $f(x_k) \leq \phi_k^*$.
Because of this and because $f(x_k) \geq f(y_k) + \nabla f(y_k)^T(x_k - y_k)$,

$$\phi_{k+1}^* \geq \underbrace{f(y_k) - \frac{\alpha_k^2}{2\gamma_{k+1}} \|\nabla f(y_k)\|^2}_{\leq f(x_{k+1})?} + \underbrace{(1 - \alpha_k) \nabla f(y_k)^T \left(\frac{\alpha_k \gamma_k}{\gamma_{k+1}} (v_k - y_k) + x_k - y_k \right)}_{=0?}.$$

■ Recall that $f(y_k) - \frac{1}{2L} \|\nabla f(y_k)\|^2 \geq f(y_k - \frac{1}{L} \nabla f(y_k))$. (Gradient descent)

$$\Rightarrow \begin{cases} \frac{\alpha_k^2}{2\gamma_{k+1}} = \frac{1}{2L} \Rightarrow L\alpha_k^2 = (1 - \alpha_k)\gamma_k + \alpha_k\mu, \\ x_{k+1} = y_k - \frac{1}{L} \nabla f(y_k). \end{cases}$$

■ $\frac{\alpha_k \gamma_k}{\gamma_{k+1}} (v_k - y_k) + x_k - y_k = 0$

$$\Rightarrow y_k = \frac{\alpha_k \gamma_k v_k + \gamma_{k+1} x_k}{\gamma_k + \alpha_k \mu}$$

Constant Step Scheme

Initialization: Choose $x_0 \in \mathbb{R}^n$ and $\gamma_0 > 0$. Set $v_0 = x_0$.

At each iteration $k \geq 0$:

1) Compute $\alpha_k \in (0, 1)$ from $L\alpha_k^2 = (1 - \alpha_k)\gamma_k + \alpha_k\mu$.

2) Set $\gamma_{k+1} = (1 - \alpha_k)\gamma_k + \alpha_k\mu$.

3) Set $y_k = \frac{\alpha_k\gamma_k v_k + \gamma_{k+1}x_k}{\gamma_k + \alpha_k\mu}$.

4) Set $x_{k+1} = y_k - \frac{1}{L}\nabla f(y_k)$.

5) Set $v_{k+1} = \frac{1}{\gamma_{k+1}} \left((1 - \alpha_k)\gamma_k v_k + \alpha_k\mu y_k - \alpha_k \nabla f(y_k) \right)$.

■ General scheme:

Step 4) Find x_{k+1} such that $f(x_{k+1}) \leq f(y_k) - \frac{1}{2L}\|\nabla f(y_k)\|^2$.

Convergence Rate

Theorem: Consider the use of the general scheme (thus the constant step scheme) and let $\gamma_0 > 0$ be such that $\gamma_0 \geq \mu$. Then,

$$f(x_k) - f^* \leq \left(\frac{L + \gamma_0}{2} \right) \min \left\{ \left(1 - \sqrt{\frac{\mu}{L}} \right)^k, \frac{4L}{(2\sqrt{L} + k\sqrt{\gamma_0})^2} \right\} \|x_0 - x^*\|^2, \quad \forall k \geq 0.$$

Proof (sketch). Recall that $\phi_0(x) = f(x_0) + \frac{\gamma_0}{2} \|x - x_0\|^2$ and that $f(x_k) - f^* \leq \lambda_k(\phi_0(x^*) - f^*)$. Since $f(x_0) - f^* \leq \frac{L}{2} \|x_0 - x^*\|^2$, we have $f(x_k) - f^* \leq \lambda_k \cdot \frac{L + \gamma_0}{2} \|x_0 - x^*\|^2$. Next, derive the convergence rate of λ_k :

- Prove by induction that $\gamma_k \geq \mu, \forall k \geq 0$.

$$\Rightarrow \alpha_k \geq \sqrt{\frac{\mu}{L}} \Rightarrow \lambda_k \leq \left(1 - \sqrt{\frac{\mu}{L}} \right)^k$$

- Prove by induction that $\gamma_k \geq \gamma_0 \lambda_k, \forall k \geq 0$.

Using this and $\lambda_{k+1} \leq \lambda_k$, we get $\frac{1}{\sqrt{\lambda_{k+1}}} - \frac{1}{\sqrt{\lambda_k}} \leq \frac{1}{2} \sqrt{\frac{\gamma_0}{L}}$.

$$\Rightarrow \lambda_k \leq \frac{4L}{2\sqrt{L} + k\sqrt{\gamma_0}}.$$

Therefore, $\lambda_k \leq \min \left\{ \left(1 - \frac{\mu}{L} \right)^k, \frac{4L}{(2\sqrt{L} + k\sqrt{\gamma_0})^2} \right\}, \forall k \geq 0$.

Why Optimal?

- Let $\gamma_0 = L$. Then, the scheme is optimal for $\mathcal{S}_{\mu,L}(\mathbb{R}^n)$.
 - $\mu > 0$.

From the lower convexity bound for $\mathcal{S}_{\mu,L}(\mathbb{R}^n)$,

$$f(x_k) - f^* \geq \frac{\mu}{2} \left(\frac{\sqrt{Q_f} - 1}{\sqrt{Q_f} + 1} \right)^{2k} \|x_0 - x^*\|^2 \geq \frac{\mu}{2} \exp\left(-\frac{4k}{\sqrt{Q_f} - 1}\right) \|x_0 - x^*\|^2.$$
$$\left(\ln(1 - q) \geq -\frac{q}{1 - q}, 0 \leq q < 1\right)$$

To make $f(x_k) - f^* < \epsilon$, $k \geq \frac{\sqrt{Q_f} - 1}{4} \left(\ln \frac{1}{\epsilon} + \ln \frac{\mu}{2} + 2 \ln \|x_0 - x^*\|\right)$.

From the convergence rate of the scheme,

$$f(x_k) - f^* \leq L \left(1 - \frac{1}{\sqrt{Q_f}}\right)^k \|x_0 - x^*\|^2 \leq L \exp\left(-\frac{k}{\sqrt{Q_f}}\right) \|x_0 - x^*\|^2.$$

For $k \leq \sqrt{Q_f} \left(\ln \frac{1}{\epsilon} + \ln L + 2 \ln \|x_0 - x^*\|\right)$, we have $f(x_k) - f^* < \epsilon$.

- $\mu = 0$. (Exercise)

Simplification

- Remove $(v_k)_{k=0}^{\infty}$:

$$\begin{cases} y_k = \frac{\alpha_k \gamma_k v_k + \gamma_{k+1} x_k}{\gamma_k + \alpha_k \mu} \\ x_{k+1} = y_k - \frac{1}{L} \nabla f(y_k) \\ v_{k+1} = \frac{1}{\gamma_{k+1}} \left((1 - \alpha_k) \gamma_k v_k + \alpha_k \mu y_k - \alpha_k \nabla f(y_k) \right) \end{cases}$$

$$\Rightarrow \begin{cases} v_{k+1} = x_k + \frac{1}{\alpha_k} (x_{k+1} - x_k) \\ y_{k+1} = x_{k+1} + \beta_k (x_{k+1} - x_k), \quad \beta_k = \frac{\alpha_{k+1} \gamma_{k+1} (1 - \alpha_k)}{\alpha_k (\gamma_{k+1} + \alpha_{k+1} \mu)} \end{cases}$$

$$\begin{cases} \alpha_0^2 L = \gamma_1 = (1 - \alpha_0) \gamma_0 + \mu \alpha_0 \\ v_0 = x_0 \end{cases} \Rightarrow y_0 = x_0$$

- Remove $(\gamma_k)_{k=0}^{\infty}$:

$$\begin{cases} \alpha_k^2 L = \gamma_{k+1} \\ \alpha_{k+1}^2 L = (1 - \alpha_{k+1}) \gamma_{k+1} + \alpha_{k+1} \mu \end{cases} \Rightarrow \begin{cases} \beta_k = \frac{\alpha_k (1 - \alpha_k)}{\alpha_k^2 + \alpha_{k+1}} \\ \alpha_{k+1}^2 = (1 - \alpha_{k+1}) \alpha_k^2 + \alpha_{k+1} \mu / L \end{cases}$$

Simplified Constant Step Scheme

Initialization: Choose $x_0 \in \mathbb{R}^n$ and $\alpha_0 \in (0, 1)$. Set $y_0 = x_0$.

At each iteration $k \geq 0$:

- 1) Set $x_{k+1} = y_k - \frac{1}{L} \nabla f(y_k)$.
- 2) Compute $\alpha_{k+1} \in (0, 1)$ from $\alpha_{k+1}^2 = (1 - \alpha_{k+1})\alpha_k^2 + \alpha_{k+1}\mu/L$.
- 3) Set $\beta_k = \frac{\alpha_k(1-\alpha_k)}{\alpha_k^2 + \alpha_{k+1}}$.
- 4) Set $y_{k+1} = x_{k+1} + \beta_k(x_{k+1} - x_k)$.

- Let $\alpha_0 \geq \sqrt{\frac{\mu}{L}}$ ($\Leftrightarrow \gamma_0 \geq \mu$). Then, the same convergence rate is derived.
- For $\mu > 0$, if we set $\alpha_0 = \sqrt{\frac{\mu}{L}}$, then $\alpha_k = \sqrt{\frac{\mu}{L}}$, $\beta_k = \frac{\sqrt{L}-\sqrt{\mu}}{\sqrt{L}+\sqrt{\mu}}$, $\forall k \geq 0$.

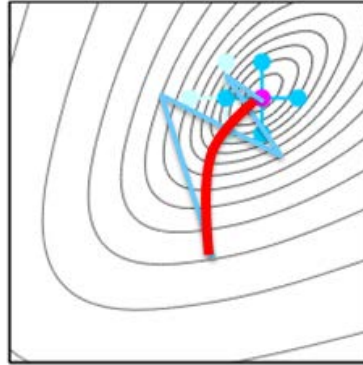
Initialization: Choose $x_0 \in \mathbb{R}^n$ and set $y_0 = x_0$.

At each iteration $k \geq 0$:

- 1) Set $x_{k+1} = y_k - \frac{1}{L} \nabla f(y_k)$.
- 2) Set $y_{k+1} = x_{k+1} + \frac{\sqrt{L}-\sqrt{\mu}}{\sqrt{L}+\sqrt{\mu}}(x_{k+1} - x_k)$.

Heavy Ball Method

- Problem with gradient descent method: cannot avoid zig-zags



- Heavy ball method

$$x_{k+1} = x_k - \alpha \nabla f(x_k) + \beta(x_k - x_{k-1})$$

- add robustness by accounting for successive moves
- Physical meaning: heavy ball in a potential field under the force of friction

$$m \frac{d^2 x(t)}{dt^2} = -\nabla f(x(t)) - p \frac{dx(t)}{dt}$$

- Match Nesterov's lower complexity bound for $S_{\mu,L}(\mathbb{R}^n)$, $\mu > 0$ with optimal parameters

Convergence of Heavy Ball

Theorem: Let $f \in S_{\mu,L}(\mathbb{R}^n) \cap \mathcal{C}^2(\mathbb{R}^n)$. If $0 \leq \beta < 1$ and $0 < \alpha < 2(1 + \beta)/L$,

$$\|x_k - x^*\| \leq q^k \|x_0 - x^*\|, \quad \forall k \geq 0,$$

where $q \in (0, 1)$ reaches minimum $\frac{\sqrt{L/\mu}-1}{\sqrt{L/\mu}+1}$ for $\alpha = \frac{4}{\sqrt{L}+\sqrt{\mu}}$ and $\beta = \left(\frac{\sqrt{L}-\sqrt{\mu}}{\sqrt{L}+\sqrt{\mu}}\right)^2$.

Proof (Sketch).

$$\begin{bmatrix} x_{k+1} - x^* \\ x_k - x^* \end{bmatrix} = \underbrace{\begin{bmatrix} (1 + \beta)I_n - \alpha \nabla^2 f(x^*) & -\beta I_n \\ I_n & 0 \end{bmatrix}}_A \begin{bmatrix} x_k - x^* \\ x_{k-1} - x^* \end{bmatrix} + o\left(\begin{bmatrix} x_k - x^* \\ x_{k-1} - x^* \end{bmatrix}\right)$$

The eigenvalues of A are the eigenvalues of $\begin{bmatrix} 1 + \beta - \alpha \lambda_i(\nabla^2 f(x^*)) & -\beta \\ 1 & 0 \end{bmatrix}$, $i = 1, \dots, n$

i.e., the roots of $\rho^2 - (1 + \beta - \alpha \lambda_i(\nabla^2 f(x^*)))\rho + \beta = 0$.

Since $0 \leq \beta < 1$ and $0 < \alpha < 2(1 + \beta)/L$, each root ρ_i satisfies $|\rho_i| < 1$.

$\Rightarrow q = \text{spectral radius of } A \in (0, 1)$.

By solving $\min_{\alpha, \beta} \max_{i=1, \dots, 2n} |\rho_i|$, we find the optimal α and β .

Performance of First-order Methods

Problem class	First-order method	Complexity	e=1%
Lipschitz-continuous function	Gradient	$\mathcal{O}(1/\varepsilon^2)$	10,000
Lipschitz-continuous gradient	Gradient	$\mathcal{O}(1/\varepsilon)$	100
	Optimal gradient	$\mathcal{O}(1/\sqrt{\varepsilon})$	10
Strongly convex, Lipschitz gradient	Gradient	$\ln(1/\varepsilon)$	2.3
	Optimal gradient	$\ln(1/\varepsilon)$	

Summary

- Lower complexity bounds
 - Lipschitz gradient
 - Lipschitz gradient+strongly convex
- Nesterov's optimal methods
 - Achieve both lower complexity bounds
- Heavy ball method
 - Achieve lower complexity bound for strongly convex function with Lipschitz gradient with optimal parameter s
- References
 - Y. Nesterov, *Introductory lectures on Convex Optimization: A Basic Course*. Norwell, MA: Kluwer Academic Publishers, 2004.
 - B. Polyak, *Introduction to Optimization*. New York, NY: Optimization Software - Inc, Publications Division, 1987. (available online)